

VOLUNTEER CHARTER



Supporting you, Supporting us!

Ladies Gaelic Football Association will ensure that volunteers will be.....

- ✳ **A**ppreciated and have their voluntary contribution recognised
- ✳ **P**rovided with supervision and support through a designated mentor system
- ✳ **P**rovided with safe working conditions and offered appropriate training for their specific role
- ✳ **R**espected by all members of the Association
- ✳ **E**nriched from their experience in a fulfilling and positive manner
- ✳ **C**onsidered valuable members of the Association
- ✳ **I**nformed about, and given the opportunity to play an active part in the Association as a whole
- ✳ **A**ble to say 'no' and to leave without feeling guilty
- ✳ **T**reated fairly and not to experience discrimination
- ✳ **E**nlisted with meaningful duties and know what is expected from them in their role

The Ladies Gaelic Football Association asks of volunteers.....

- ✳ To respect the values and aims of the Association as outlined in our Strategic Plan and Code of Ethics and Good Practice
- ✳ To be reliable and committed to their role
- ✳ To attend essential training and support sessions
- ✳ To be honest if they are experiencing problems
- ✳ To respect the confidentiality of the club and the Association
- ✳ To treat all members, or people involved with or supporting the sport with respect and dignity

Becoming a volunteer.....

The Ladies Gaelic Football Association welcome people who are interested in volunteering on a regular, intermittent or on a one-off basis with any of the below skills:

| | | |
|--------------------------------|--------------------|-------------|
| Administration | Project Management | Refereeing |
| Website design and maintenance | Leadership | Supervision |
| Fund-raising | Journalism | First Aid |
| Event organising | Coaching | |

If you have a skill which is not listed and you feel the Association may benefit from it, please feel free to contact us also.

To learn more about volunteering or to become a volunteer for the Ladies Gaelic Football Association, please contact your nearest Club.

To find out your nearest club, please contact Paula Prunty, National Games Development Officer on (01) 8363156 or email: paula@ladiesgaelic.ie