



8. LIST OF USEFUL CONTACT NUMBERS

Eastern Health Board – Area Child Care Manager

Community Care Area	Address	Phone No.
Area 1	Tivoli Road, Dun Laoghaire, Co. Dublin	(01) 2808403
Area 2	Vergemount Hall, Dublin 6	(01) 2698222
Area 3	The Malting Business Park, 54/55 Marrowbone Lane, Dublin 8	(01) 4544733
Area 4	Old County Road, Crumlin, Dublin 12	(01) 4542511
Area 5	The Lodge, Cherry Orchard, Ballyfermot, Dublin 10	(01) 6268101
Area 6	Rathdown Road, Dublin 7	(01) 8385034
Area 7	Rose Cottage, Fairview, Dublin 15	(01) 8575431
Area 8	Cromcastle Road, Coolock, Dublin 5	(01) 8476122
Area 9	Popular House, Popular Square, Naas, Co. Kildare	(045) 876001
Area 10	Glenside Road, Wicklow	(0404) 60800

Midland Health Board – Area Child Care Manager

Community Care Area	Address	Phone No.
Longford/ Westmeath	Social Work Dept, Longford	(043) 50584
	Mullingar	(044) 44877
	Athlone Health Centre	(0902) 75301
Laois/ Offaly	Child and Family Centre, Portlaoise	(0502) 62300
	Social Work Dept. Tullamore	(0506) 22488

Mid-Western Health Board – Area Child Care Manager

Community Care Area	Address	Phone No.
Limerick	Unit 3, Camillus Hospital, Shelbourne Road, Limerick	(061) 483711
Clare	Tobartaoiscaín, Ennis, Co. Clare	(065) 23921
North Tipperary	General Hospital, Nenagh, Co. Tipperary	(067) 31491

North-Eastern Health Board – Area Child Care Manager

Community Care Area	Address	Phone No.
Cavan/Monaghan	Community Care Office, Listdarn, Cavan	(049) 61822
Louth	Community Care Office, Dublin Road, Dundalk, Co. Louth	(042) 9332287
Meath	Family Resource Centre, Commons Road, Navan, Co. Meath	(046) 9021595

North-Western Health Board – Area Child Care Manager

Community Care Area	Address	Phone No.
Donegal	Ballybofey, Co. Donegal	(074) 9131391
Sligo/Leitrim	Markievicz House, Co. Sligo	(071) 9155133



8. LIST OF USEFUL CONTACT NUMBERS

Southern Health Board – Area Child Care Manager

Community Care Area	Address	Phone No.
South Lee	Abbey Court House, Georges Quay, Cork	021 923814
North Lee	Abbeycourt House, Georges Quay, Cork	021 965511
North Cork	Gouldshill, Mallow, Co. Cork	021 21484
West Cork	Hospital Grounds, Skibbereen, Co. Cork	028 21722
Kerry	18 Denny Street, Tralee, Co. Kerry	066 23400

South-Eastern Health Board – Area Child Care Manager

Community Care Area	Address	Phone No.
Carlow/Kilkenny	Community Care Centre, Carlow	0503 36520
	Community Care Centre, Kilkenny	056 52208
Waterford	Community Care Centre, Cork Road, Waterford	051 842800
Wexford	South Eastern Health Board, Ely House, Wexford	053 47718/9
South Tipperary	Community Care Centre, Western Road, Clonmel, Co. Tipperary	052 22011

Western Health Board – Area Child Care Manager

Community Care Area	Address	Phone No.
Galway	Community Care Offices, Newcastle Road, Galway	091 52312225 ext 6330
Mayo	Hill House, Castlebar, Co. Mayo	094 22333 ext 2183
Roscommon	Community Care Offices, Ardsallagh, Roscommon	0903 27089

National Counselling Services

Northern Area HB	1800 234 110
East Coast Area HB	1800 234 111
South Western Area HB	1800 234 112
Midland HB	1800 234 113
Western HB	1800 234 114
Mid-Western HB	1800 234 115
Southern HB	1800 234 116
North Eastern HB	1800 234 117
South Eastern HB	1800 234 118
North Western HB	1800 234 119

Confidential Garda Line (24 hours)	1800 666 111
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8. LIST OF USEFUL CONTACT NUMBERS

Northern Ireland – Contacts for Local Health & Social Services

Please note there is no central number for out of hours contact.
Board areas now have their own contact numbers.

Community Care Area

EHSSB Belfast

Out of hours number EHSSB

Belfast Health and Social Care Trust Headquarters

South Eastern Health and Social Care Trust Headquarters

NHSSB Ballymena

Out of hours number NHSSB

Northern Health and Social Care Trust Headquarters

SHSSB Armagh

Out of hours number SHSSB

Southern Health and Social Care Trust Headquarters

WHSSB Londonderry

Out of hours number WHSSB

Western Health and Social Care Trust Headquarters

NSPCC 24 Helpline

Childline

www.there4me.com – a confidential advice website for teenagers

www.nspcc.org.uk

Phone No.

028 9032 1313

028 9056 5444

028 90565656

028 9266 9111

028 25311000

028 9446 8833

0845 6012333

028 3741 0041

028 3752 2381

028 3861 3950

028 7186 0086

028 7134 5171

028 7134 5171

0808 800 5000

0800 1111

Ladies Gaelic Football Association – Head Office

Level 6, Cusack Stand, Croke Park, Dublin 3.

Tel: 0 1 8363156,

Fax: 01 8363111

Email: info@ladiesgaelic.ie

Website: www.ladiesgaelic.ie