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**GAELIC4TEENS**

**2023** **Application form**

To register your Club’s interest and apply for the 2023 **Gaelic4Teens** programme, please complete this application form and return it via email to developmentsupport@lgfa.ie by **Friday 18th November 2022.**

**Please Note – All sections must be completed, or the application will not be accepted**

**Club Name**:

**County**:

**Club contact for this application**:

**Phone**: (**Home**): (**Mobile**):

**Email**:

**How long is your Ladies Football Club in existence?**

**MEMBERSHIP FIGURES:**

|  |  |  |
| --- | --- | --- |
| **Age Group** | **Total number of registered members****(Where applicable)** | **Number of mentors currently involved with the team(s)****(Where applicable)** |
| **Under 8** |  |  |
| **Under 10** |  |  |
| **Under 12** |  |  |
| **Under 14** |  |  |
| **Under 16** |  |  |
| **Under 17** |  |  |
| **Under 18** |  |  |
| **Adult** |  |  |

**CATCHMENT SCHOOL INFORMATION (fill in for both programmes)**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name of POST PRIMARY Schools in your area** | **Mixed/All Girls** | **Number of Girls aged 13 – 17 years** | **Catchment Clubs** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**REASONS TO BE SELECTED:**

**Please provide 3 reasons why your Club should be selected to host 2023 Gaelic4Teens Programme…**

**RESOURCES**

**Please provide list of coaches that will be participating in this programme and indicate what age group they are involved with in the club**

|  |  |
| --- | --- |
| **Name of** **G4T Programme Co-Ordinator** | **Name of coaches** **(Where applicable to your club)** |
|  | **U13** **U14** **U15** **U16** **U17 /18** |

**KEY DATES:**

 **PHASE ONE – MAKING SENSE OF THE THEORY**

**JANUARY 2023**

|  |  |  |  |
| --- | --- | --- | --- |
| Format | Date | Topic | Target Group |
| Virtual Classroom (Live Webinar) | **Monday 16th January 9pm** | **Induction** | **Club Executive and coaches** |
| Virtual Classroom (Live Webinar) | Monday 30th January 8.30pm | Coaching Approach and BehavioursReceive Sessions 1 to 3 | Coaches |

**FEBRUARY 2023**

|  |  |  |  |
| --- | --- | --- | --- |
| Format | Date | Topic | Target Group |
| Virtual Classroom (Live Webinar) | **Monday 6th February 8.30pm** | **Physical Considerations** | **Coaches** |
| Virtual Classroom  (Live Webinar) | Monday 20th February 8.30pm | Teaching Games for UnderstandingReceive Sessions 4 to 6 | Coaches |
| Virtual Classroom (Live Webinar) | **Monday 27th February 8.30pm** | **Coaching within the Rules** | **Coaches**  |

**MARCH 2023**

|  |  |  |  |
| --- | --- | --- | --- |
| **Format** | **Date** | **Topic** | **Target Group** |
| Virtual Classroom (Live Webinar) | **Monday 27th March 8.30pm** | **Nutrition/Hydration** | **Coaches, Players and Parents** |

**APRIL 2023**

|  |  |  |  |
| --- | --- | --- | --- |
| **Format** | **Date** | **Topic** | **Target Group** |
| Virtual Classroom (Live Webinar) | Monday 10th April 8.30pm | Lifestyle Balance | Coaches, Players and Parents |

**PHASE TWO – PUTTING THE THEORY INTO PRACTICE**

**Saturday 7th MAY**  NATIONAL GAELIC4TEENS FESTIVAL DAY

**JUNE 2022**

|  |  |  |  |
| --- | --- | --- | --- |
| Format | Date | Topic | Target Group |
| Virtual Classroom (Live Webinar) | Monday 12th June 8pm | Peer Coaching Support Programme Part 1 | Coaches interested in this area  |
| Virtual Classroom (Live Webinar) | **Monday 26th June 8pm** | Peer Coaching Support Programme Part 2 | **Coaches interested in this area**  |

**JULY/AUG 2023**

**JULY** - **AUG** CLUB COACH OBSERVATION VISITS

**PHASE THREE – MAKING IT SUSTAINABLE**

**SEPTEMBER 2023**

|  |  |  |  |
| --- | --- | --- | --- |
| Format | Date | Topic | Target Group |
| Virtual Classroom (Live Webinar) | Wednesday 11th September 8.30pm | Creating Positive Club Coaching Climate Part One | Executive and coaches |
| Virtual Classroom (Live Webinar) | **Wednesday 25th September** **8.30pm** | **Creating Positive Club Coaching Climate Part Two** | Executive and coaches |

**OCTOBER 2022**

|  |  |  |  |
| --- | --- | --- | --- |
| Format | Date | Topic | Target Group |
| Virtual Classroom (Live Webinar) | Monday 9h October 8.30pm | Review or Follow Up | Coaches  |

**I confirm that:**

* All information supplied in this application form is accurate
* I have read the G4T Overview Booklet in full and will fully comply with all terms and conditions associated with the roll out of the programme
* I understand all dates associated with the programme and understand mandatory attendance of club at same

**Signed:** **Date:**

*This can be digital signature*

Please submit via email to developmentsupport@lgfa.ie **by Friday 18th November 2022.**

**Please note that any applications received after the closing date will not be considered for the Gaelic4Teens programme this year.**