



1ST YEAR #SERIOUSSUPPORT SERIES



Download these 30 minute webinars to watch with your 1st year Post Primary classes



SESSION 1

Importance of Sport in Transition to Post Primary School and Pitfalls to Avoid for Dropout – Carla Rowe (Dublin)

SESSION 2

Sport and Positive Wellbeing - Cora Staunton (Mayo)

SESSION 3

School and Sport Balance: Getting the Best from Both – Emer Gallagher (Donegal)

SESSION 4

Avenues to get involved in sport within your school or club - Orlagh Farmer (Cork)

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