**LGFA INTERFIRMS PROGRAMME ETHOS FORM**

**COMPANY**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CO-ORDINATOR CONTACT NAME**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CO-ORDINATOR CONTACT PHONE NUMBER**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CO-ORDINATOR CONTACT EMAIL ADDRESS**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**COACHING SESSION DATES / VENUES: DATE / VENUE**

**1** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**3** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**4** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**LGFA INTERFIRMS Programme Ethos:**

All Companies should familiarise themselves with the LGFA Interfirm programme ethos and agree to abide by these terms at all times.

* Enhance the process of development of players regardless of ability
* Provide a positive and fun environment at all times
* Abide by player eligibility rules set out by the LGFA (see page 2, point 6)
* Abide by the playing rules of the LGFA
* Notification of challenges must be submitted in writing to [aisling.doonan@lgfa.ie](mailto:aisling.doonan@lgfa.ie)
* All players are exempt from the Injury Fund – players are advised to invest in their own insurance cover. The LGFA will accept no responsibility for injury caused to players during the course of the programme or Blitz day.

Does your Company agree to abide by the LGFA Interfirm Programme ethos as outlined above?

Yes No

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**To be returned to** [aisling.doonan@lgfa.ie](mailto:aisling.doonan@lgfa.ie) or Aisling Doonan, Ladies Gaelic Football Association, Croke Park, Dublin 3

**BEFORE** commencement of the Interfirm Programme in your Company

**Playing Conditions**

1. Full rules of LGFA apply
2. Notification of challenges must be submitted in writing to [aisling.doonan@lgfa.ie](mailto:aisling.doonan@lgfa.ie)
3. All players are exempt from the Injury Fund – players are advised to invest in their own insurance cover. The LGFA will accept no responsibility for injury caused to players during the course of the blitz
4. Where companies wish to enter more than one team, they must supply a team list for each team. Players will only be permitted to play with one team for the duration of the competition.
5. Disciplinary matters
   1. If a player is red carded during the course of the blitz, she will not be eligible to participate in the remainder of the blitz.
6. Player Eligibility
   1. Firms shall not be allowed play the following players
      1. Players who come to a firm solely for training purposes for a period of three months or less and are not employed, under the same terms as permanent or temporary employees
      2. Prison officers or Garda recruits, while training, can only play with a firm in the area they are based while training
      3. A player who has not yet commenced their employment with that firm
      4. Guest players will not be permitted