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**Limerick LGFA**

**Adult**

**Manager**

**Role Description**



**LGFA INTER COUNTY MANAGER ROLE DESCRIPTION**

**Job Title: Limerick Adult County Manager**

**Responsible for: Limerick Adult Ladies Football Team**

**Responsible to: Limerick Ladies Football County Board**

**Minimum Experience required:**

* Be a member of the Ladies Gaelic Football Association, or undertake to register as a member of the association prior to ratification of appointment, and have a general knowledge of how Ladies Gaelic Football procedures and policies operate
* Demonstrate at least 5 years of a proven track record in management of club and/or county team
* An ability to demonstrate / organise a high standard of coaching (At least Level 1 Coaching Certificate in LGFA is required)
* Has an understanding and will work within the Guidelines of the LGFA and the Code of Ethics and Good Practice for Young Players
* Be Garda Vetted & Safeguarding 1 completed

**Skills and Attributes of an LGFA Mentor:**

* Demonstrate good **ability to plan**
* Have suitable player **management and organisational skills**
* Have exceptional **leadership qualities**
* Be **highly motivated** and driven to succeed by maintaining high standards of professionalism at all times
* Have the ability to **work as part of a team** and work competently with County Board officers, club mentors and when required, the media.
* Be **committed**
* Ability to **create a positive environment** for all players to develop to the best of their ability
* Have **good communication skills** and display **good listening skills** and communicate clearly and concisely with County Board members, Clubs and players
* To be **approachable** and encourage players to express their thoughts when required
* Have the ability to **evaluate** and provide **quality feedback** to facilitate learning and development of players

**Duties and Responsibilities:**

* Ensure all of the management team/background team including the Manager are registered members of the Association and are successfully vetted and have safeguarding completed, or as applicable in other jurisdictions
* Responsible for coordination of activities for the Limerick Ladies Team.
* Provide strong leadership and encourage a supportive team environment with coaching, backroom team and players. Your Backroom team must include at least one female liaison person.
* Plan, prepare, deliver and evaluate quality and appropriate coaching
* Develop knowledge and understanding of fitness, injury, sports psychology, nutrition and sports science programme/activities to improve and develop the players
* Ensure all relevant personnel are aware of the aims of each session, rationale of every endeavour etc.
* Value input of all helpers, assistant coaches and players at all times
* Be willing to delegate jobs and ensure the assigned person fully understands their tasks
* Develop positive working relationship with the County Board and ensure they are aware of all activities and encourage strong links and communication between each of you throughout the season.
* Ensure that all associated costs are within agreed budgets for the season and that a system is put in place where items such as i.e. physio, equipment, team gear, training facilities etc. are required are forwarded to the County Board for approval first and secondly for the board to purchase and pay for same.
* Develop relationships with clubs to assist prevention of club and county divisions and ensure playing opportunities for club and county players. Abide by and promote sound ethics and county policy, child protection, fair play and equal opportunities to all members.
* Committed to ongoing continued professional development by attending LGFA coach education courses and any in-service training that is organised by the County Board.
* Take responsibility for ensuring that all equipment provided to the manager is the responsibility of the manger and that they are kept in good condition throughout the season.
* Be aware of and promote the LGFA codes of conduct for coaches, players and parents at all times.
* Ensure rules of the Association are abided by all
* Wear the official County Team attire when representing the County on and off the pitch
* Co-operate with any media pre and post games as requested by the County Board, Provincial Councils and the National body of the Ladies Gaelic Football Association and communicate consistent and effective media messages at all times
* Co-operate and attend any events organised for the promotion and marketing of ladies football at County, Provincial and National level.
* Be a role model and ambassador gaining the respect and trust of the people you come in contact with