

Higher Education Colleges

Fresher Blitz 2019

1. There are 3 Cups in the 2019 Fresher Blitz, Senior, Intermediate and Junior.
2. Fresher's 7-A-Side Blitz. For the purposes of this competition Freshers are defined as students who are entering Third Level Education for the first time. Students who have been registered in another college and then transfer to year 1 of a course in a new college are not regarded as Freshers. (Third Level Education includes Universities, IT's and PLC Colleges).
3. All players must be LGFA members, and thus covered under the LGFA Player Injury fund. A player cannot partake if they are not a member of the LGFA.
4. Games are 14 minutes in length (7 minutes a half, with half time being just a quick turnaround)
5. Squads are limited to a maximum of 12 players.
6. Every player must have their college ID present on the day of competition
7. Colleges with more than 1 team are not allowed to swap players between squads. If a college does this, they shall have all of their teams disqualified from the competition.
8. The Player registration form needs to be sent back to me with the player details no later than 1.00pm Tuesday the 8th of October. Once submitted, there is no swapping between teams for colleges who have more than one team. If not submitted on time, those colleges will have a point's deduction of 4 points from the total they earn from their group stage of the blitz.
9. Colleges are to pay their registration fee of €50 on the morning and €25 for every additional team.
10. During play, you may only score goals or fisted points only. From free kicks & penalties kicked points are allowed.
11. A player must leave the field of play before the replacement sub can come on. Penalty for this is a penalty to the opposition.
12. A sin bin (yellow card) will result in the offending player sent to the side line for 3mins. A red card is suspension from that game and all other games for of the Blitz.
13. In Group stages, 3 points for a win, 1 for a draw
14. If teams are level on points in the group stages, the result of their head to head game decides who is placed above the other. If the game was a draw, then the total number of goals scored in the competition decides. If still level, a 30m shoot out, best of 5, points only
15. If games are level after full time in the knock out stages, 3 minutes extra time with no halftime. If still level, a 30m shoot out, best of 5, points only, ball cannot bounce over the bar once kicked, decides who goes through.
16. For all finals, the students individually must present their ID cards to the referee who will check it against the registration sheet.