

HEC Championship Rules 2020

All games are played until a winner is declared, including group games

HEC Bye law 27.

For Each round of the championship from Round 1 to the final including group games, a winner must be obtained. There will be no replays. If the game is a draw at full time, extra time of 10 minutes per half will be played. If the result is still a draw the 5 penalties per team should be taken, goals will only count. If this fails to separate the team the sudden death penalties must be taken to reach a result.

If the game is level after full time, 20 minutes extra time (10 minutes each way) is played.

Where a period of Extra Time is played in a game, 5 substitutions, in addition to any already used, may be used during extra time. (Official LGFA Rule 337)

If still level, a penalty shootout, goals only, best of 5.

Sudden death if still level.

Only players who are on the pitch at the final period of extra time may take a penalty.

No player can take a penalty twice unless every one of the finishing players on the pitch have taken a penalty

The O'Connor, Giles, Lynch and Moynihan Cups are 15-a-side competitions.

The Donaghy and Lagan Cup are a 15-a-side competition

Exception if one team has only 17 available players on the day at the pitch, then for that game, 13-a side.

A player can "play up" in the higher graded championship team in her college, however once she does, she cannot play with the lower graded team from then on.

Two copies of the team sheet to be given to the referee prior to throw in. The referee keeps on and the other is given to the opposition team by the referee.

Team sheets have to be clearly written and include the Team name, competition, date, opposition team name, Players name (initials will not be accepted) and jersey number the player is wearing. It has to be signed by a member of the management team and by the referee.