



LGFA COACHING AND MEDICAL PROVISION **BEST PRACTICE** GUIDELINES

Minimum best practice standards for personnel involved in Club, Player Development Programme and County Teams

| Coaching Index | Medical Provision Index |
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| <ul style="list-style-type: none"> • RSC Ready, Steady, Coach Programme • FUN Fundamentals Coaching Course • IGGC (Aug 20) Introduction to Gaelic Games Coaching** • L1 Level One Coaching Course • L2 Level Two Coaching Course • K2C Key2Coaching Coaching Programme • GK Coach the Keeper Programme • CtTR Coach the Teenager Roadshow • CMRS Club Mentor Rules Workshop • CMW County Mentor Workshop | <p><i>Based on GAA Medical Provision Guidelines for clubs and Counties::</i></p> <ul style="list-style-type: none"> • FA <ul style="list-style-type: none"> ○ First Aid - at least <u>one</u> Mentor trained in Sports Specific First Aid and fully stocked First Aid kit available • RP <ul style="list-style-type: none"> ○ CORU Registered Physiotherapist AND/OR ARTP Accredited ATT |

**** - Introduction to Gaelic Games Coaching Programme will replace Fundamentals Coaching Programme in Autumn 2020**

