

## LGFA COACHING AND MEDICAL PROVISION BEST PRACTICE GUIDELINES

Minimum best practice standards for personnel involved in Club, Player Development Programme and County Teams

C	Coaching Index	Medical Provision Index				
<ul> <li>RSC</li> <li>FUN</li> <li>IGGC (Aug 20)</li> <li>L1</li> <li>L2</li> <li>K2C</li> <li>GK</li> <li>CtTR</li> <li>CMRS</li> <li>CMW</li> </ul>	Ready, Steady, Coach Programme Fundamentals Coaching Course Introduction to Gaelic Games Coaching** Level One Coaching Course Level Two Coaching Course Key2Coaching Coaching Programme Coach the Keeper Programme Coach the Teenager Roadshow Club Mentor Rules Workshop County Mentor Workshop	<ul> <li>Based on GAA Medical Provision Guidelines for clubs and Counties::</li> <li>FA         <ul> <li>First Aid - at least one Mentor trained in Sports Specific First Aid and fully stocked First Aid kit available</li> </ul> </li> <li>RP         <ul> <li>CORU Registered Physiotherapist AND/OR ARTP Accredited ATT</li> </ul> </li> </ul>				

<sup>\*\* -</sup> Introduction to Gaelic Games Coaching Programme will replace Fundamentals Coaching Programme in Autumn 2020

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<b>Min</b> FUN	Optional	Min	Ontional			013	– U17	U1	4 - U18		or
FUN			Optional	Min	Optional	Min	Optional	Min	Optional	Min	Optional
IGGC (Autumn '20)	RSC K2C	FUN IGGC (Autumn '20)	L1 K2C GK CtTR CMRW	L1	L2 K2C GK CMRW	FUN/L1 IGGC (Autumn '20) CMW	L2 GK CtTR	L1 CMW	L2	L1 CMW	L2
FUN IGGC (Autumn '20)	RSC K2C	FUN IGGC (Autumn '20)	L1 K2C GK CtTR CMRW	FUN IGGC (Autumn '20)	L1, K2C GK CMRW	FUN IGGC (Autumn '20) CMW	L1 GK CtTR	L1 CMW	L2	L1 CMW	L2
Yes		Yes		Yes		Yes CMW		Yes		Yes CMW	
Yes	N/A	Yes	N/A	Yes as could have U18 on Senior panel	N/A	Yes	N/A	Yes	N/A	Yes as could have U18 on Senior panel	N/A
Yes	N/A	Yes	N/A	Yes	N/A	Yes	N/A	Yes	N/A	Yes	N/A
Yes	N/A	Yes	N/A	Yes	N/A	Yes	N/A	Yes	N/A	Yes	N/A
FA	N/A	FA	RP	FA	RP	FA	N/A	FA for training	RP for games	FA for training RP for games	N/A
(A	FUN IGGC Autumn '20)  Yes  Yes  Yes  Yes	FUN RSC IGGC K2C  Yes N/A  Yes N/A  Yes N/A  FA	FUN	IGGC   K2C   IGGC   GK   CtTR   CMRW	IGGC Autumn (20)  REC   IGGC (Autumn (20))   CtTR    FUN   RSC   FUN   K2C   FUN    IGGC   GK   IGGC (Autumn (20))   CtTR    CMRW    Yes   Yes   Yes   Yes    Yes   N/A   Yes   N/A   Yes    Yes   N/A   Yes   N/A   Yes    Yes   N/A   Yes   N/A   Yes    FA   FA   FA   RP   FA			IGGC		IGGC	IGGC