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Webinar 1

Topic: One to One Mentoring for Gaelic Games Players

Coaches usually do not have the time to conduct individual coaching discussions with the players. Now is an opportunity to stay in contact with your players and at the same time facilitate your players to recognise and reinforce their own strengths. Players can then produce Personal Action Plans so that they can work on their own to improve skills or other aspects affecting their playing performance. Coaches can help prepare and to self-assess. These conversations with all players can reinforce strengths even if there are no obvious development needs. Even the most accomplished player should be encouraged to set higher level goals for themselves.

Presenter: Brendan Harpur

Brendan Harpur is a GAA Coach and Coach Educator for almost 25 years. Originally from Drumquin, Co Tyrone, Brendan played for the local Wolfe Tones club, and following a move to Dublin for work for Castledermot, Co Kildare.

As a coach, Brendan coached St Maurs in Dublin for over 20 years, winning the Dublin Intermediate Championship in 2003. Brendan has also been part of the management team for Dublin Minor Footballers (2009), and Tyrone Minor Footballers (2012 – 2015).

As a coach educator, Brendan has represented Dublin, Leinster and Ulster on national GAA Coach Education Committees, as well as delivered several GAA Tutor and Coach Education courses. Brendan was also the designer, assessor and tutor for the NUI Galway Coaching to Improve Performance in sport programme.

Brendan has also significant experience as a Club and County Officer, having filled the roles of Club Chair and County Coaching Officer for St Maurs, Dublin and his native Tyrone.