

National Accelerate Referee Training Programme 2024/2025



Online Introduction evening - Webinar

Duration: 1 hour

When: Evening 8.30-9.30pm

Thursday 4th July

- Introduction to program
- Expectations of the Referee
- Structure of programmes
- What is expected from participants?
- Logging on and using webinars
- Explain Fitness test test and Fitness requirements

Post Introduction, Referees must:

- *Complete the online rule test prior to Module 1, must get 80%*

Module 1 (face to face)

Physical

Duration: 2 hours

When: Evening 7-9pm

Wednesday 28th August

- Welcome
- Why do you referee?
- Physical Fitness test
- Rules Part 1
- Reflective Journal Learning

Post Module 1, Referees must:

- *submit training planning and proof of 4 sessions before module 2*
- *Fill in reflective journal*

Module 2 (ONLINE)**Technical**

Duration: 1 ½ hours

When: Evening 7-8.30pm

Wednesday 9th October

- Rules Part 1
- Application of the Rules – Decision Making (video based)
- Rules Part 2
- Signals (video and theory)

Post Module 2, Referees must:

- *referee minimum of 3 matches in their county and submit copy of report cards*
- *Fill in reflective journal*

Module 3 (ONLINE)**Teamwork**

Duration: 1 ½ hours

When: Evening 7.30pm-9pm

Thursday 7th November

- Safeguarding training
- Role of fourth official, linesperson and umpires

Post Module 3, Referees must:

- *referee minimum 2 matches in their county before Module 4 and include report cards*
- *Send in proof of Safeguarding and garda vetting*

Module 4 Mental Face to face

Duration: 2 hours

When: Evening 7-9pm

Tuesday 3rd December

- Communication Skills
- Conflict Management (scenario based)
- Report Writing
- Nutrition and Hydration

Post Module 4, Referees must:

- *referee minimum 1 match in their county before Module 5 and include report cards Actions after Session 4*
- *Complete Communication Quiz online*

Module 5 National Pre-League Referee Day

Duration: 5 hours

When: Saturday/Sunday 10-3pm

January 2025 (TBC)

- Rules Assessment
- Fitness Assessment
- Introduction to 'Buddy System'
- Topics for all National Referees

Post Module 5, Referees must:

- *referee minimum 1 match in their county before Game 1 and include report card*

Game 1 Assessment

January/February/ March/April 2025

- Assessment at National Football League Fixture 2023 (Compulsory)

Post Game 1, Referees must:

- *referee minimum 3 matches in their county/province before Module 6 and include report cards*

Module 6 (ONLINE) Review Performance in the Lidl National League

Duration: 2.5 hours

When:

April 2025 TBC

- Assessor reports
- Review games on video
- Rules

Module 7 Conclusion National Pre-Championship Referee Day

Duration: 5 hours

April/May/June 2025 TBC

- Feedback from assessments
- Preparation for Championship
- Fitness and Rules Assessment for Sign Off
- Questions and Answers

Key Notes:

- Referees may be cut from this panel at any time during the programme
- Participants must pass all requirements of the programme to progress to the National Panel
- There is no payment or expenses for participating on the Accelerate Programme. This is at the referees expense
- Our aim is to progress all referees but this can only be achieved through full commitment from everyone involved
- **Please Note: Attendance at all modules is MANDATORY. Non-attendance at modules will lead to expulsion from the programme. Note some of these modules will be conducted online.**