



# CALLING ALL Workplaces



Organisations, Schools, Hospitals, Finance, Food, IT, Pharmaceutical etc.

...want to get some exercise?

...want to socialise outside of work?

...want a team building activity day?  
Then Ladies Gaelic Football  
Inter-firms blitz day is for you!!



**Date:** 07/10/2023  
**Venue:** GAA NGDC Abbotstown  
**Format:** Competitive or Recreational  
**Team size:** 7 or 9 a side  
(Squad of 12)  
**For more information,  
or to get involved, contact:**  
[vincent.whelan@lgfa.ie](mailto:vincent.whelan@lgfa.ie)