**LADIES Gaelic Football - ATHLETE Mentor ReCRUITMENT**

**FURTHER INFORMATION**

**Background**

For almost 20 years The Youth Sport Trust has been pioneering the effective and inspirational use of elite Athletes in schools.

Our Athlete Mentors provide bespoke interventions through assemblies, workshops and master classes to support a range of outcomes for young people and the wider school.

We currently have a team of 70 Athlete Mentors in the UK made up of past and present elite athletes and sports professionals. They are from a whole host of sports and have all tasted success, but they have also all come up against challenge in their lives and have inspiring stories to share about how sport has helped them on their journey.

Providing inspiration to young people they **support** and **empower** young people to develop resilience**, confidence and self-esteem** key attributes not only for young people’s **personal development but also academic achievement and future aspirations.**

Following 10 years of delivery in the UK in 2013 we launched our successful Sky Sports Living for Sport programme in the Republic of Ireland. The programme ran for five years in over one third of Post Primary schools.

In the Autumn of 2018 through a new partnership with Lidl and their wider partnership with the LGFA supporting Ladies Gaelic Football we successfully piloted the #Serious Support programme.

The programme aims to reduce the drop-off rate in sport participation amongst girls 11-14.

As an Athlete Mentor you will visit schools, sharing your personal experiences as a successful Gaelic Football Player and deliver workshops to young people that explore the value of participating in sport and the role of healthy eating and physical activity in our overall wellbeing and life chances. Using Gaelic Football as the focus the sessions will look at the values of Respect, Recognition, Responsibility and Trust and how as an elite athlete these have helped you to achieve success and be the best version of yourself.

For more information on the Youth Sport Trust please visit <https://www.youthsporttrust.org/>

**The Role**

Athlete Mentors are required to go through a formal recruitment process; to make sure that the athlete has the right skills for the role (working with young people, public speaking etc.) and for the athlete to make sure the role is right for them.

After this initial recruitment process, there is a 2-day training programme (this will take place early November 2023). Athlete Mentors are paid for their attendance and any additional expenses on these training days.

There is not a minimum number of guaranteed delivery days allocated to an Athlete Mentor or a minimum delivery requirement as this depends on the demand from schools and the capacity of the athlete. This could be anything from 6 days a year to over 20 days, however we would expect you to be able to offer a minimum of 6 full days across November 2023 – June 2024.

All our Athlete Mentors are either self-employed consultants (in the Republic of Ireland) or Casual Workers (in Northern Ireland) that have a contract with the Youth Sport Trust (YST). All contact between the athlete and the YST is direct, rather than through a third party (this is standard practice).

**Requirements**

YST Athlete Mentors in the Republic of Ireland will be expected to hold a GARDA Vetting Check, have the relevant self-employed status and additional requirements in place (PUBLIC LIABILITY INSURANCE / SAFEGUARDING & PROTECTING YOUNG PEOPLE CERTIFICATE).

The majority of work will be regionally based but for larger events the post holder will be expected to travel.

**Support and Training**

As highlighted above full initial training will be given to all Athlete Mentors.

**Payment**

Athlete Mentors daily rate will be €355 full day / €270 half day (based on current xe.com exchange rates) or equivalent in Pounds if preferred. This is inclusive of travel expenses.

**Application**

Applications should be made using the online Youth Sport Trust application form.

[Click here](https://www.youthsporttrust.org/careers) to access the online recruitment system to find out more or submit an application.

Please ensure you submit your application no later than 09:00am on Thursday 5th October 2023.

**Shortlisting**

Shortlisting will take place between Thursday 5th October and Friday 6th October 2023. All successful candidates will be contacted by email on Monday 9th October 2023.

**Selection Days**

Selection days including formal interview will take place between 11th and 13th October 2023 (via Zoom)

The format of the selection day will consist of:

* Attend an introductory briefing – this will be held a day or two before the selection day.
* Talk for 10-15 minutes about your story and journey as a person and as a

successful athlete

* + On the day, the audience will be the recruitment panel
* Individual formal panel interview

**Training Days**

The 2 Day training programme will take place in Dublin (Venue and exact date tbc, likely to be 8/9 or 9/10 November) on:

Successful applicants will be required to attend both Day 1 and Day 2 training. **Please indicate on your application if you could be available for these dates.**

**ROLE DESCRIPTION**

**Position:** Athlete Mentor

**Issue Date:** September 2023

**Garda Check Required:** Yes

Overall Role:

To inspire and influence young people with the aim of creating behavioural change.

# Duties and Responsibilities:

1. Visit and develop relationships with a number of schools that have been identified by the Youth Sport Trust.
2. Deliver bespoke interventions through assemblies, workshops and master classes to support a range of outcomes for young people and the wider school.
3. Work with schools to influence young people to demonstrate positive behaviour.
4. Promotion and public relations on behalf of YST/Lidl and the LGFA as directed by the YST Athlete Mentor Manager.
5. Make suggestions to contribute to the improvement and development of the #Serious Support Programme.
6. Comply with all aspects of Health and Safety Policy and Arrangements.
7. Comply with all aspects of any Codes of Conduct that might apply.
8. Any other duties that may reasonably be required which are commensurate with the post.

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| PERSON SPECIFICATION **Athlete Mentor** |

Applicants for this position should be able to satisfy the following criteria:

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| --- | --- | --- |
|  | Essential | Desirable |
| **Skills & Abilities** |  |  |
| 1. Excellent communication and presentation skills. | **✓** |  |
| 1. An ability to influence and inspire with excellent interpersonal skills. | **✓** |  |
| 1. Ability to communicate assertively and influence others to gain their acceptance and support. This may involve overcoming initial objections and motivating others to change their position or behaviour. | **🗸** |  |
| 1. Commitment to continuous personal professional development. | **✓** |  |
| 1. Ability to prioritise own workload and balance conflicting demands. | **✓** |  |
| 1. Possess a strong desire to achieve high standards of professionalism, customer service and quality. | **✓** |  |
| 1. A self starter who can set personal goals and work towards achieving them. |  | **✓** |
| **Experience** |  |  |
| 1. Experience as an adult County Gaelic Football Player. | **✓** |  |
| 1. Experience of working with young people. |  | **✓** |
| 1. Experience in a teaching or coaching role. |  | **✓** |
| **Knowledge** |  |  |
| 1. An understanding of the issues facing young people. | **✓** |  |
| 1. An understanding of the County LGFA structure. |  | **✓** |
| 1. Knowledge of the Ireland Education system. |  | **✓** |
| **Other Considerations** |  |  |
| 1. An understanding and commitment to equal opportunities in employment and sport. | **✓** |  |
| 1. Ability to work irregular as required including working outside normal hours, at evenings, weekends and public holidays. |  | **✓** |
| 1. Ability to travel throughout Ireland including overnight stays where necessary. |  | **✓** |