

UPMC ORTHOPAEDIC SPORTS MEDICINE CONFERENCE

ADVANCING CLINICAL CARE: THE POWER OF SCIENCE IN SPORT

Saturday, 4 November 2023

9.30 a.m. - 3.00 p.m.

9.30 - 9.55 a.m.	Registration		
9.55 - 10.00 a.m.	Welcome	Mr. Patrick Carton, Consultant Orthopaedic Surgeon and John Windle, General Manager	
10.00 - 10.15 a.m.	Individualisation of Treatment in Athletic Groin Pain	Dr. Neil Welch PhD, Strength and Conditioning	
10.15 - 10.30 a.m.	The Effect of Biologics in Hip Joint Preservation. What Does the Research Say?	Dr. Dualtach Mac Colgáin, UPMC Sports Medicine	Hip and Groin
10.30 - 10.45 a.m.	Chronic Hip Injury: The True Effect on Mental Health in Athletes	Dr. David Filan PhD, Senior Clinical Researcher	
10.45 - 11.00 a.m.	Hip Joint Preservation: Restoring Function, Alleviating Symptoms, Avoiding Replacement	Mr. Patrick Carton, Consultant Orthopaedic Surgeon	
11.00 - 11.15 a.m.	Questions and Discussion		
11.15 - 11.30 a.m.	Coffee Break		
11.30 - 11.45 a.m.	Does injury to the Intra-Muscular Tendon (IMT) prolong Rehabilitation and Return to Play?	Mr. Michael O'Sullivan, Physiotherapist	
11.45 - 12.00 p.m.	Athlete Profiling for Individualised Rehabilitation of Achilles Tendinopathy	Dr. Colin Griffin PhD, Physiotherapist	Lower Limb
12.00 - 12.15 p.m.	Establishing a New Total Knee Replacement: Lessons Learned From 500 Consecutive Surgeries	Mr. Ian Kelly, Consultant Orthopaedic Surgeon	
12.15 - 12.30 p.m.	The Role of Surgery in Hamstring Injuries	Professor Brian Devitt, Consultant Orthopaedic Surgeon	
12.30 - 12.45 p.m.	Questions and Discussion		
12.45 - 1.30 p.m.	Lunch		
1.30 - 1.45 p.m.	The Gendered Environment for Girls and Women in Sport	Dr. Aoife Lane PhD, Head of SHE Research Group	
1.45 - 2.00 p.m.	Key Considerations for Optimal Performance and Wellbeing in Sportswomen	Dr. Kelly McNulty PhD, Postdoctoral Researcher	The Female Athlete
2.00 - 2.15 p.m.	The Prevalence of Hamstring Injuries in Female Athletes: Implications for Data Collection in the Field	Dr. Karen Mullins PhD, Senior Clinical Researcher	
2.15 - 2.30 p.m.	Questions and Discussion		
2.30 - 2.45 p.m.	The ImpACT of Concussion-Advances in Diagnosis and Management	Derek O'Neill, Physiotherapist	
2.45 - 3.00p.m.	The Role of Medical and Science Research in Munster Rugby	Dr. Jamie Kearns, Sports Medicine Physician	Scientific Pathways in Sport
3.00 - 3.05 p.m.	Patient Public Involvement (PPI) and the Integration of PPI in the UPMC Research Network	Dr. Karen Mullins PhD, Senior Clinical Researcher	
3.05 - 3.10 p.m.	Closing Comments		