2024 HEC LGFA O'Connor Cup Championships

O'CONNOR CUP, GILES CUP, LYNCH CUP, MOYNIHAN CUP, DONAGHY CUP, LAGAN CUP AND HEC CUP

HOSTED BY:

MTU Cork Campus Student GAA Club

MTU BISHOPSTOWN CAMPUS, CORK





MARCH THURSDAY 7[™] FRIDAY 8[™] SATURDAY 9[™]



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4 Schedule & Fixture List

THURSDAY, MARCH 7, 2024

HEC Cup Final - 1.00pm DCUDÉ7 v MICL3

Referee: Maurice Mulcahy Venue: MTU Grass Pitch 3

Lagan Cup Final - 3.00pm DCUDÉ6 v UU4(Belfast)

Referee: Conor McCarthy Venue: MTU Grass Pitch 4

Donaghy Cup Final - 5.00pm

MU2 V UL4

Referee: Peter O'Leary Venue: MTU Grass Pitch 1

FRIDAY, MARCH 8, 2024

Moynihan Cup - 12.00pm	Moynihan Cup - 12.00pm
ATU Sligo v SETU Waterford	MICL2 v University of Liverpool
Referee: Conor McCarthy	Referee: Peter O'Leary
Venue: MTU Grass Pitch 3	Venue: MTU Grass Pitch 4
Lynch Cup Semi-Final 1 - 3.00pm	Lynch Cup Semi-Final 2 - 3.00pm
DkIT v MTU Cork	UCC v DCUDÉ3
Referee: Aaron Clogher	Referee: Jacqui Mulligan
Venue: MTU Grass Pitch 4	Venue: MTU Grass Pitch 3

FRIDAY, MARCH 8, 2024

O'Connor Cup Semi-Final 1 -1.30pm

UCC v UU

Referee: Sinead McHugh Venue: MTU Grass Pitch 1 O'Connor Cup Semi-Final 2 -3.30pm

DCUDÉ V TUD

Referee: Patrick Smith Venue: MTU Grass Pitch 1

Giles Cup Final - 5.30pm

MU v MTU Kerry

Referee: Justin Murphy Venue: MTU Grass Pitch 1

SATURDAY, MARCH 9, 2024

Moynihan Cup Final - 12.00pm

Referee: Aaron Clogher Venue: MTU Grass Pitch 1

Lynch Cup Final - 2.00pm

Referee: Sinead McHugh Venue: MTU Grass Pitch 1

O'Connor Cup Final - 4.00pm

Referee: Patrick Smith Venue: MTU Grass Pitch 1







6 MTU President Address



Professor Maggie Cusack, FRSE President, Munster Technological University

On behalf of everyone at Munster Technological University (MTU), I would like to extend a warm welcome to the 2024 Higher Education Colleges (HEC) LGFA O'Connor Cup Championships.

We are delighted to have this opportunity to show our support for women in sport, especially as this year's championship takes place just a few days before International Women's Day on 8th March. I

hope each and every one of you enjoy the championships and that you get the chance to make great friends and memories along the way.

Over the past few months over 60 teams have been involved in the championships from Ireland and the UK, with around 2,200 players taking part. These three days are the pinnacle of the HEC championship season, and we are proud to host this competition in our state-of-the-art sports facilities on our Bishopstown Campus.

Running an event like this requires a dedicated team who voluntarily give of their time to ensure a successful championship. I'm very grateful to everyone who has been involved in this year's championship, and especially want to thank our own MTU organising committee.

I wish all the participating teams, management, and backroom staff the very best of luck. No matter what the results, I hope you have great fun and enjoy the next few days here at MTU.

Professor Maggie Cusack, FRSE President, Munster Technological University

LGFA President Address



Mícheál Naughton President, Ladies Gaelic Football Association (LGFA)

Tá ríméad orm agus is onóir dom é fáilte a chur romhaibh chuig do na céimeanna deiridh de Chraobhchomórtais HEC na mBan 2024. Beidh seacht gcinn de choirn bronnta againn faoin am a mbeidh deireadh leis an imirt Dé Sathairn an 9 Márta.

I am delighted and honoured to welcome you to the MTU Cork Campus for the concluding stages of the 2024 Ladies HEC

Championships, with seven pieces of silverware to be handed out by the time that play concludes on Saturday March 9. For college students and footballers, many of whom are also high-ranking inter-county stars, these are very special days and these games are occasions to savour and cherish. The sense of camaraderie and the pursuit of common goals create a bond and memories that will be cherished, remembered and spoken about for many, many years to come. For many players, achieving great things at third-level can often act as a springboard for further success and this is a real window of opportunity for players to showcase their undoubted talents in the colours of their respective third-level institutions.

Remarkably, and in a year when we celebrate the 50th anniversary of the Ladies Gaelic Football Association, this year marks the 35th running of the annual HEC Finals, a milestone in itself. The Connacht GAA Centre of Excellence, the magnificent University of Galway Connacht GAA Air Dome, played host to the 2023 HEC Finals and it was another festival of football that saw champions crowned in the HEC, Lagan, Donaghy, Moynihan, Lynch, Giles and O'Connor Cup competitions.

The coming days will see those seven pieces of coveted silverware handed out again and the hard-working HEC committee have been working closely alongside the MTU Cork Campus Student GAA Club to ensure the smooth running of the upcoming fixtures. Many thanks to MTU Cork GAA Development Officer Kevin O'Callaghan and his team for the diligent nature of their preparations. The facilities afforded to the players are of the very highest standard, and rightly so, and our third-level stars are ready to put



on a show. These competitions are the pinnacle of Higher Education Ladies Gaelic Football and, through the years, we have been treated to some exceptional fare. It's estimated that 66 teams and up to 2,200 players have participated in the 2024 Ladies HEC Championships. This is an incredible and ringing endorsement of third-level football and these competitions continue to go from strength to strength. Now, it's all boiled down to the final stages of the competitions and teams from across Ireland and the UK will compete on campus over the course of three days, including International Women's Day on March 8. For the first time in a number of years, the British University champions return to HEC competitions to play in the Moynihan Cup and that is something to be very proud of.

Significant administration is involved in the running of the various competitions, and I would like to take this opportunity to pay tribute to the tireless work of the Ladies HEC committee, chaired by Daniel Caldwell and with DJ Collins continuing to provide superb service as secretary. A big welcome, also, to former Donegal Senior team manager Maxi Curran in his new role as HEC Competitions Coordinator, while registrar Christine Nolan and PRO Marisa Kennedy are among others who contribute greatly.

It's also important to mention our All-Ireland inter-county championship sponsors and broadcast partner, TG4, who will provide live coverage of Saturday's O'Connor Cup Final on the Spórt TG4 YouTube page. I also wish to acknowledge to the players and mentors from all of the competing teams in the Ladies HEC Championships, and not just those who have been fortunate enough to make it through to the latter stages. Teams across the seven competitions have been very well prepared and we will see many of them again in the weeks and months ahead as they proudly wear their club and county colours. The introduction of the Ladies HEC Development Cup, won recently by Blackhall, was another very welcome development and well done to all institutions who competed in the competition.

To all of the supporters from the competing colleges who are making the trip to Cork for the semi-finals and Finals, we afford you a warm welcome. Our third-level competitions have provided some wonderful football and entertainment over the years, and I expect the forthcoming semi-finals and finals to be no different!

Bain taitneamh as na gcluichí.

Mícheál Naughton,

President, LGFA

HEC Chairperson Address



Daniel Caldwell Chairperson, Higher Education Colleges (HEC) Committee

As we move towards the concluding stages of the HEC championships our attention moves to Cork where MTU will host our finals weekend.

This year 66 teams and over 2200 players have competed across seven divisions with the closing stages of each championship taking place in Cork on the 7th, 8th and 9th March. On behalf of the

HEC, I want to thank the players, colleges, Sports officers, Gaelic Games Development Officers, coaches and backroom teams for your continued support. Your commitment and passion for our sport supports it continued growth and development in colleges and universities across the island – Thank you.

This year has been another busy year for the HEC with the return of our freshers Blitz in October hosted by TUS Midlands. In addition, we introduced a HEC Development League Championship to encourage further participation. This competition was a welcome addition and provided opportunities for colleges who had never fielded a team in our championship competitions before. The first final of this competition was hosted by TUS Midlands and was won by the Law Society (Blackhall).

Running the HEC competitions requires a dedicated team who give of their time to ensure the continued growth and development of our game in Further and Higher Education Colleges. I want to thank all the HEC committee who work tirelessly throughout the year to ensure the smooth running of all competitions. In particular, I want to thank DJ Collins for all the work he has undertaken on behalf of the HEC. For fourteen years DJ Collins has been secretary of the HEC. It is fair to say that DJ's name is synonymous with ladies' football in universities across the island and without his dedication the HEC would not be the organisation it is today. Thank you, DJ.

Having visited MTU Cork Campus for the championship draw I was delighted with the enthusiasm and excitement from students and staff at the opportunity to host the finals. On behalf of the HEC, I want to thank MTU Cork Campus Student GAA Club, MTU Cork GAA Development Officer



Kevin O'Callaghan and Christine Nolan (MTU and HEC Registrar) for all the preparations over the last few months. Your level of commitment, attention to detail and professionalism has made the planning process so easy. I am sure the planning and hard work you have put in will result in a great weekend. Thank you.

Finally, we are delighted to welcome the British University Champions back to the HEC championships. After an absence of several years, they will compete in the Moynihan Cup semifinals on Friday 8th March.

The 2024 HEC Championships promise to be a great celebration of football and I look forward to seeing you in Cork.

Let the games begin!!!

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Daniel Caldwell Chairperson, Higher Education Colleges (HEC) Committee



MTU Cork Campus LGFA Chairperson Address



Caitlin O'Mahony Chairperson, MTU Cork Campus Ladies Gaelic Football Club

On behalf of Munster Technological University Cork Campus Ladies Gaelic Football Club, I extend a warm welcome to each one of you as we gather at MTU's Bishopstown Campus for the HEC LGFA O'Connor Cup Championships.

These three days mark the peak of the HEC calendar which promises to be a spectacle, showcasing the

incredible skills and talent of ladies' footballers hailing from all corners of Ireland and the UK. Hosting this event is a tremendous honour for MTU, and I want to acknowledge the dedicated efforts of the MTU organising committee, led by Kevin O'Callaghan, Christine Nolan, Irene Hogan and Norma Buckley, for their countless hours of preparation to ensure a successful and seamless championship.

These are days to cherish and will be remembered for many years to come by us players, mentors, officials, and spectators alike. I, as a player with MTU, understand how hard it is for players to balance schedules for college, training, and matches- but the hard work is certainly worth it!

To all the participating teams and their management, I wish you the very best of luck in your respective games. May this championship be both enjoyable and memorable for everyone involved!

I look forward to welcoming you to MTU Bishopstown Campus!

Is mise le meas,

Caitlin O'Mahony

Chairperson, MTU Cork Campus Ladies Football Club.







12 HEC Cup

Team Line Out - DCUDÉ7



Team Captain: Caoimhe Madden

- 16. Ciara Gallagher, Skerries Harps, Dublin
- 17. Anna Flynn, Clonguish, Longford
- 18. Éabha Owens, Sallins, Kildare
- 19. Lauren Farrell, Clann Mhuire, Dublin
- 20. Sarah Galvin, Clann na nGael, Roscommon
- 21. Mia O'Byrne, St Colmcilles, Meath
- 22. Maebh Hanney, Foxrock Cabinteely, Dublin
- 23. Ciara Gately, Na Fianna, Dublin
- 24. Fodhla Dwyer, Summerhill, Meath 25. Mia Shannon, Killoe, Longford
- 26. Erin Miller, Clann Mhuire, Dublin
- 27. Leah Brady. O'Dwyers. Dublin
- 28. Ria Lennon, St Brigid's, Roscommon
- 29. Grace Smith, Baile Dubh Tire, Wexford
- 30. Eimear Brennan, St Colmcilles, Meath

Additional panel players

31. Eve Killian, Boardsmill, Meath 32. Sara McCormack, Trim, Meath

Vice-Captain: Sarah Clarke

- 33. Isobel Glynn, Whitehall Colmcille, Dublin
- 34. Kate Collins, Beann Eadair, Dublin
- 35. Emily Sinnott, Castleknock, Dublin
 - 36. Holly Bolger, Clonee, Wexford
- 37. Sophia Curtis, St Sylvesters, Dublin
- 38. Kate Murray, Blackhall Gaels, Meath
- 39. Ruby Canning, St Sylvesters, Dublin
- 40. Grace Gilroy, St Vincent's, Dublin
- 41. Sarah Cox, Kildavin Clonegal, Carlow
- 42. Sophia Zavalko, Scoil Uí Chonaill, Dublin

Management Team:

Management: Eimear O'Neill, Molly Carthy, Aoife Doohan, Emma Hickey, Emily Hevey

ATT: Claire Caffrey, Cian Law

Gaelic Games Staff: Paul O'Brien, Louise Byrne, David Sweeney

HEC Cup

Team Line Out - MICL3



Team Captain: Ella Donnellan

- 16. Aoife O'Brien, Feohanagh-Castlemahon, Limerick
- 17. Riona Crowley, Kilkenny City, Kilkenny
- 18. Mai Quinlivan, Fr Casey's, Limerick
- 19. Emma Cosgrove, Oughterard, Galway
- 20. Aoibhe Kirwan, Kilrossanty Brickeys, Waterford
- 21.Shannon Dalton, Loughanavally, Westmeath
- 22. Aoife Ahern, Carrigtwohill, Cork

- 23. Keely Fitzgerald, St Colman's, Cork
- 24. Megan Murphy, Old Mill, Limerick
- 25. Hannah Borthwick, Killucan, Westmeath
- 26. Sinead McManus, Menlough, Galway
- 27. Sarah Fitzgerald, Naomh Ciaran, Offaly
- 28. Mischa Spillane, Galtee Gaels, Limerick
- 29. Laura Foley, Owenmore Gaels, Sligo

Management Team:

Manager: Richard Bowles

Coach: Darragh Grimes, Cillian Hickey, Mairead Ryan, Caoimhe Costelloe, James Cummins, James Kenny

Gaelic Development Officer: Joe Redington

Sports Officer: Ciara Cregan





14 HEC Cup

Team Photo - DCUDÉ7 and MICL3





The HEC Cup was presented by the Ladies HEC and contested for the firsttime in 2022 and is the seventh tier Championship.

YEAR	WINNER		RUNNER-UP	
2022	GMIT Mayo	1-09	Ulster University	0-10
2023	DCUDÉ7	4.12	UU4 (Magee)	3.11







SMERC MOBILE SPORTS RECOVERY

8th March 2024 @ MTU CORK Best of luck to all Players and Management



WE ARE SUPER EXCITED TO BE BRINGING OUR RECOVERY TEAM TO MTU CORK

RECOVERY ZONE



Team Line Out - DCUDÉ6



Team Captain: Hannah McHugh

- 16. Michaela Harte, Ballinamore Sean O'Heslins, Leitrim
- 17. Laura Kellet, Beann Eadair, Dublin
- 18. Antonia Kevin, Boherlahan-Dualla, Tipperary
- 19. Eimear O'Neill, Cappagh, Kildare
- 20. Emma O'Brien, Lucan Sarsfields, Dublin
- 21.Anna Lyons, Aghamore, Mayo
- 22. Mary Mitchell, St Brigids, Antrim
- 23. Keelin McKeon, St Patrick's, Meath
- 24. Emma Hickey, St Bridgids, Laois
- 25. Fáinche Grimes, Confey, Kildare

Management Team:

Management: Matthew McNally, Jonah Dunne

ATT: Paige Soraghan, Colm Smith

HEC LGFA O'CONNOR CUP CHAMPIONSHIPS 2024

- 26. Claire Rigney, Whitehall Colmcille, Dublin
- 27. Eimear Carroll, Na Fianna, Dublin
- 28. Holly Gilligan, Coolera Strandhill, Sligo
- 29. Ashling Murphy, St Nauls, Donegal
- 30. Leah McArdle, Geraldines, Louth

Additional panel players

- 31. Leila Cassidy, Confey Gaa, Kildare
- 32. Edel Hayes, Rosscarbery, Cork
- 33. Eva Coughlan, Clann Gaels, Westmeath
- 34. Kate Breslin, Carrickedmond, Longford
- 35. Ella Cooley, Whitehall Colmcille, Dublin

GAA Development Paul O'Brien, Louise Byrne, Staff: Dave Sweeney







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Team Line Out - UU4



- 17. Dearbhla Carragher Armagh 18. Anna Campbell - Tyrone 19. Caragh McCrory - Armagh
- 20. Holly Bone Antrim
- 21.Caitlin Grainger Fermanagh
- 22.Maeve Grainger Fermanagh

Management Team:

Manager: Stephen Mooney, Eoin Donnelly Video Analyst: Ryan O'Gorman 25. Aimee Hegarty - Donegal 26. Aoife Forker - Armagh 27. Dearbhla Gallagher - Tyrone 28. Shóna Hannify - Louth 29. Ciara Madden - Derry

24. Leah McDaid - Donegal

Team Photo - DCUDÉ6 and UU4





The Lagan Cup is named after Joe Lagan who was the eighth President of Ulster LGFA. St. Patrick's College Thurles (now known as Mary Immaculate College, Thurles) and I.T. Blanchardstown (now TU Dublin - Blanchardstown Campus) have both won the competition twice. In total, ten different colleges have claimed the title, with University of Galway claiming their first ever success last year.

YEAR	WINNER		RUNNER-UP	
2010	Blanchardstown IT	3-21	Coláiste Ide	0-04
2011	Coláiste Mhuire Marino		St. Patrick's College, Carlow	
2012	I.T. Blanchardstown		G.M.I.T. Castlebar	
2013	Mater Dei		Limerick I.T.	
2014	St. Patrick's College, Thurles		Limerick I.T.	
2015	I.T. Blanchardstown		I.T. Tallaght	
2016	St. Patrick's College, Thurles 4	4-20	Ulster University Magee	2-03
2017	GMIT Galway	5-12	Ulster University Coleraine	0-03
2018	Ulster University Coleraine	1-13	Athlone I.T. (2)	0-07
2019	Ulster University Magee	4-09	DCU Dóchas Éireann (6)	0-07
2022	TUS Midwest	3-12	TU Dublin	2-09
2023	University of Galway 3	2.08	DCUDÉ6	0.07









MTU ARENA

Best wishes to all participating in **The O'Connor Cup**

from all at the MTU Arena and MTU Sporting Facilities

www.mtuarena.ie



Team Captain: Becky Doran

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- 16.Ellie Duffy Milford, Donegal
- 17. Orla Fleming Tourlestrane, Sligo
- 18. Katherine McLaughlin Moville, Donegal
- 19. Katie Walsh Ballykelly, Kildare
- 20. Aoife Mooney Arklow Geraldines, Wicklow
- 21. Aine Ni Chonchuir Arklow Geraldines, Wicklow
- 22. Anna Reddy Gaeil Colmcille, Meath
- 23. Emily Keane Northern Harps, Roscommon
- 24. Ciara O Sullivan Donaghmore Ashbourne, Meath
- 25. Ruth Harman Caragh, Kildare

Management Team:

Manager/Coach: Antoinette Mooney Coach/Selector: Orlaith Kirwan Logistics: Elaine Dillon Vice-Captain: Ciara Buckley

- 26. Aishling Waters Bannow Ballymitty, Wexford
- 27. Megan Shaughnessy Naomh Mhuire Oranmore, Galway
- 28. Molly Smith St. Finbarrs, Cavan
- 29. Mairead Tully Kilbride, Roscommon
- 30. Rachel Kellegher CT Gaels, Sligo

Additional panel players

31. Caoimhe O Haire - Caragh, Kildare

GAA Development Officer: Jenny Duffy GAA Sports Office: Eoin Gaddren

Donaghy Cup



Team Captain: Ellen Neylon

- 16. Anne Murphy, Knockmore, Mayo
- 17. Erin Mulroy, Moy Davitts, Mayo
- 18. Eva Mullin, Kilmaine, Mayo
- 19. Eadaoin Cronin, Mourneabbey, Cork
- 20. Erin Bán Gallagher, Killybegs, Donegal
- 21. Ava Heffernan, St Patricks, Tipperary
- 23. Keelan Murphy, Kinawley Brian Boru, Fermanagh

Management Team:

- Manager: Alana Ní Chuinneagáin
- Coach: Ronya Benson, Róisín O' Callaghan
- Selector: Rachel Leahy

- 24. Rachel O'Brien, Kinsale, Cork
- 25. Claire Coleman, Moy Davitts, Mayo
- 26. Hannah Davidson, Mac Hale Rovers, Mayo
- 27. Connie Barrett, Parke Keelogues Crimlin, Mayo
- 28. Ali Tobin, Mallow, Cork
- 29. Katie McElroy, Corofin, Galway
- 22. Brooke McDermott, Ballinamere Durrow, Offaly 30. Emma Lynch, Newmarket, Cork

GDA: Jason Coffey



24 Donaghy Cup

Team Photo - MU2 & UL4



The Donaghy Cup was first presented in 2003 and is the third longest running of the Championships, with Dublin Institute of Technology the first winners in 2003. The Cup is named after Patricia Donaghy who was involved in education in Inchicore College in Dublin; was a Treasurer of the Ladies HEC; and was also the first editor of Peil Magazine in 1999, which had its nucleus in the Higher Education section of the LGFA.15 different colleges have won this title, with four winning it twice - DIT, RCSI, Marino Institute of Education and St. Pat's College Drumcondra. TUS Midwest are the current champions.

YEAR	WINNER		RUNNER-UP	
2003	Dublin Institute of Technology		GMIT Castlebar	
2004	Limerick Institute of Technology	3-11	GMIT Castlebar	2-04
2005	N.U.I. Galway (3)	3-08	U.C.C. (2)	1-06
2006	GMIT Castlebar	4-04	Cavan College	1-08
2007	UU Jordanstown (2)	3-09	Dublin Institute of Tech.	3-08
2008	Dublin Institute of Technology	2-11	Limerick I.T.	2-04
2009	Queens University Belfast (2)	3-07	TCD	1-11
2010	University of Limerick (3)	3-15	Mary Immaculate College (2)	1-05
2011	Royal College of Surgeons	1-11	N.U.I. Galway (3)	1-08
2012	Marino Institute of Education	0-17	I.T. Sligo (2)	1-07
2013	St Pat's College Drumcondra (2)	2-12	I.T. Sligo (2)	3-06
2014	University of Ulster Coleraine	0-13	I.T. Sligo (2)	1-08
2015	St Pat's College Drumcondra (2)	5-10	Liverpool Hope University	0-01







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26 Donaghy Cup

Roll of Honour

YEAR	WINNER		RUNNER-UP	
2016	Letterkenny IT	4-15	I.T. Blanchardstown	3-15
2017	Marino Institute of Education	3-11	Royal College of Surgeons	1-10
2018	Royal College of Surgeons	4-08	DCU Dóchas Éireann (6)	1-08
2019	GMIT	6-15	Marino Institute of Ed.	1-13
2022	DCU Dóchas Éireann(5)	2-11	Marino Institute of Education	1-11
2023	TUS Midwest	3.12	UL4	0.14











SPORTS

MTU Sport offers a wide range of sports clubs which cater for both competitive and recreational sport. At MTU we promote a policy of 'Sport for All' and our sports facilities are available to all students. We organise and coordinate a range of fitness classes, physical activity and health initiatives throughout the academic year.

To underline its commitment to sport, MTU awards Sports Scholarships annually in a wide range of sports. It is expected that those awarded a scholarship will have high levels of achievement in their chosen sport and full involvement and participation in this sport at the University.

MOREINFO

MTU



Best of luck to all teams competing in the HEC O'Connor Cup weekend 2024



Team Captain: Roisin Rodgers

- 16. Lauren Fitzgerald Eoghan Rua, Sligo
- 17. Ellis Keane Mac Hale Rovers, Mayo
- 18. Megan Clarke Round Towers Lusk, Dublin
- 19. Ciara Corrigan Carbury, Kildare
- 20. Heather Kerins Boyle, Roscommon
- 21.Keeva Gillen St Bridget Gaels Ardagh, Longford
- 22.Laura O'Dea Tuam/Cortoon, Galway
- 23. Leah Nugent Athlone GAA, Westmeath

Management Team:

- Manager: Gavin Cawley
- Coach: Ronan McGarrigle
- Selector: Michaela Gaffney

- 24. Lily Monaghan Emmet Og, Monaghan
- 25. Roisin Lyons Clann Gaels, Westmeath
- 26. Ruby Clark Shamrock Gaels, Sligo
- 27. Shauna Cullen St. Brigids Blackwater, Wexford
- 28.Sarah Cosgrove Dunmore MacHales Ladies, Galway
- 29. Saoirse Cunningham Annaghdown, Galway
- 30. Gráinne Flynn Arklow Geraldines Ballymoney, Wicklow

GAA Development Officer: Michael Harte

Team Line Out - SETU Waterford



Team Captain: Anna O'Dea

- 16. Megan Foran Stradbally, Waterford
- 17. Leiah O'Rourke Sarsfields, Wexford 18. Michelle Byrne - St Conleths, Offaly
- 19. Jane Kirwan St.Annes, Waterford
- 20. Jessica McSweeney Shamrocks, Waterford
- 21.Kayanna Greene Mostrim Ladies, Longford
- 22.Kayleigh O'Shea Piltown, Kilkenny

Vice-Captain: Orlaith Kennedy 23.Emily Galgey - Erins Own, Waterford

- 24. Amy Costelloe Ballygarrett Réalt Na Mara, Wexford
- 25. Jessica Owens Shamrocks, Wexford
- 26. Sinead Conway Banner Ladies, Clare
- 27. Leah Heffernan Cappawhite, Tipperary

Management Team:

Manager: Brian Leamy Coach: Ian Rose, David Shiggins FLO: Nicola Ní Chríodain







Team Captain: Ciara Hynes

- 16. Ciara Dwan Boherlahan, Tipperary 17. AvaJayne Mcloughlin - Parke, Mayo 18. Therese Hughes - Tuar Mhic Eadaigh, Mayo 19. Kate Kennedy - St Ailbe's, Limerick
- 20. Aoibhin Murphy St Brigid's, Limerick
- 21.Laura Morrissey Abbeyside, Waterford
- 22. Emma Coleman Knockmore, Mayo
- 23. Johanna Fogarty Crusheeen, Clare

- 24. Zoe Butler Knockmore, Mayo
- 25. Grace Campbell Hollymount, Mayo
- 26. Aisling O'Connell Nemo Rangers, Cork
- 27. Aoife McNamara Kilmihil, Clare
- 28. Eibhlis Lee Ballylanders, Limerick
- 29. Aoife Fahy Cahir, Tipperary
- 30. Katie Jordan Nemo Rangers, Cork

Management Team:

Manager: Richard Bowles Coach: Darragh Grimes, Cillian Hickey, Mairead Ryan, Caoimhe Costelloe, James Cummins, James Kenny **GDO:** Joe Redington Sports Officer: Ciara Cregan

Team Line Out - University of Liverpool



Team Captain: Orla McGeough

- 16.Orlaith O'Hagan Drumgath, Down
- 17. Aoife Wall Liverpool Wolfetones, Lancashire
- 18.Kerri Hanna Irvinestown, Fermanagh
- 19. Jessica Gracey n/a
- 20. Ciara MacDermott n/a
- 21.Clodagh Hackett n/a
- 22. Ellen Breen Maguiresbridge, Fermanagh
- 23. Emily Fox Edendork, Tyrone

Management Team:

Manager: Shannon McGonagle

- 24. Eimear McKenna CarryduO, Down
- 25. Aine Devlin Aodh Ruadh, Tyrone
- 26. Ellen Kealey n/a
- 27. Aimee Doherty Slaughtmanus, Derry
- 28. Niamh Owens n/a
- 29. Niamh Leggett Bredagh, Down
- 30. Ciara O'Neill Rasharkin, Antrim

ana Mumhan University

MTU



Team Photo - ATU Sligo & SETU Waterford



Team Photo - MICL & University of Liverpool





The Moynihan Cup was first presented in 2016 and is named after Con Moynihan who has served a number of roles in the LGFA including as National Development Officer; Connacht President, and assisting the Ladies HEC. There have been five different winners so far with DkIT the current title holders. Garda College, UCD (3), St. Mary's Belfast and Dundalk IT have tasted success previously. Cork I.T. and UCD 3 booked their place in the 2020 final, which was cancelled due to the pandemic. The competition didn't take place in 2021.

YEAR	WINNER		RUNNER-UP	
2016	Garda College	2-14	University College Dublin (3)	1-06
2017	University College Dublin (3)	1-09	I.T. Blanchardstown	0-11
2018	St Mary's Uni. College Belfast	1-16	I.T. Tralee	0-05
2019	Dundalk Institute of Technology	2-11	Letterkenny I.T.	1-13
2022	MTU Cork	3-10	Letterkenny IT	2-11
2023	DkIT	2-05	IT Sligo	0-09











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Team Captain: Ellen Maguire

- 16. Kerry Hennessy Ballymacelligott, Kerry
- 17. Isobel (Izzy) Maher St. Patricks, Tipperary
- 18. Marie Moran Aghada, Cork
- 19. Muireann Fitzpatrick St Mary's, Cork
- 20. Katelyn French Rosscarbery Ladies, Cork
- 21. Eimear Boland St. Patricks, Tipperary
- 22. Helen Cleere Moyne Templetoughy, Tipperary
- 23. Ellen Moore Moyne Templetouhy, Tipperary
- 24. Leah Quane Galtee Gaels, Limerick
- 25. Cliona Murphy Southern Gaels, Kerry
- 26. Kayla O Driscoll Muintir Gabriel's, Cork
- 27. Maria Twomey Kilshannig, Cork
- 28. Ashley Ferris Araglen Desmonds Buí, Cork
- 29. Amy Doyle St Colmans, Cork
- 30. Fiona Tuohy Galtee Rovers St Peacans, Tipperary

Additional panel players

- 31. Ciara French, Castlehaven, Cork
- 32. Meghan Buckley, Bride Rovers, Cork
- 33. Ava Looney, Knocknagree, Cork
- 34. Chloe Brosnahan, Fr. Casey's Ladies, Limerick
- 35. Laura Oates, Calry St. Joseph's, Sligo

Management Team:

Manager: Christine Nolan

Coach: Irene Hogan

Selector: Norma Buckley, Sandra Conroy, Martin Enright

Equipment Officer: David O'Connor, Dale McCarthy

Communications Officer: Lauren O'Brien

GAA Development Officer: Kevin O'Callaghan

Physiotherapist: Janice Depuy



- 17. Abi Keenan Roche Emmets
- 18. Ciara Lennon Kilkerley Emmets 19. Marcella Molloy - Naomh Mairtin 20. Alexandra Meehan - Parnells GAA 21. Rosanna O'Neill - Walterstown 22. Tanisha Thompson - Dromahill
- 23.Ellie Smyth Glyde Rangers

Management Team:

Manager: Karl O'Connor

- Coach: Jack Mac Namee
- Stats: Dalton Mac Namee

- 24. Stephanie Cunningham Dreadnots 25. Abbie Sherlock - Colmcilles 26. Amy Farrell - Glyde Rangers 27. Lauren Briscoe - Dromahill
- 28. Rachel McQuid
- 29. Ealagh Toner Magheracloone
- 30. Ciara Ní Criosta

GAA Development Officer: Aoife Gregory







Team

Team Line Out - UCC2



Team Captain: Mairead Bennett Vice-Captain: Christina O'Sullivan

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Lynch Cup

- 16. Kayla McGarrell Magheracloone, Monaghan
 17. Rebecca Sheehan Éire Óg, Cork
 18. Robin Fraher Nemo Rangers, Cork
 19. Holly Fitzgerald Carrigaline, Cork
 20. Natasha Bowdren Nemo Rangers, Cork
 21. Ellen Murphy Valley Rovers, Cork
 22. Emma Murphy Valley Rovers, Cork
 23. Mairead Bennett Spa, Kerry (C)
 24. Sarah Conlon Castlebar Mitchels, Mayo
 25. Rosa Simmonds Naomh Fionnbarra, Cork
 26. Gaby Cashman Glanmire, Cork
 27. Emma Fitzpatrick Templemore, Tipperary
 28. Joanna Curran Southern Gaels, Kerry
 29. Niamh Power Erins Own, Waterford
- 30. Aisling Moloney Clonakilty, Cork

Additional panel players

- 31. Cathy Johnson Listowel Emmets, Kerry
- 32. Maeve Daly Southern Gaels, Kerry
- 33. Sarah O'Connor Bandon, Cork
 - 34. Sofia Daly St. Finbarr's, Cork
 - 35. Shauna Maher Brian Borus, Tipperary
- 36. Siofra Pattwell Clonakilty, Cork
- 37. Sarah O'Brien Ballyduff Upper, Waterford
- 38. Alex Cashman Youghal, Cork
- 39. Ellen Blackburne Glanworth, Cork

Management Team:

Manager: Joe Carroll

Coach: Sean Leisk, Tadgh Buckley

Selector: Ann Walsh, Meadhbh Carroll, Chloe O Donovan, Chrys Ngwa, Clara Walsh

GAA Development Officer: John Grainger Physio: Orla Coughlan, Richie Mooney

Team Line Out - DCUDÉ3



Team Captain: Caoimhe Madden

16.N/A

- 17. Marian Nolan, St.Brigids, Roscommon
- 18. Aoife Kavanagh, Arklow Geraldine's Ballymoney, Wicklow
- 19. Tara O Neill, Clann na nGael, Roscommon
- 20. Alannah Tierney, Castlerahan/Denn, Cavan
- 21. Aoife Kilkenny, Carbury, Kildare
- 22.Leah Duffy, Goldsmiths, Westmeath
- 23. Emer Ruddin, Castleblayney Faughs, Monaghan

Vice-Captain: Sarah Clarke

- 24. Danielle Collier, Donaghmoyne, Monaghan
- 25. Anna Moorehead, Killoe Ladies, Longford
- 26. Aoibhe Conaty, Castlerahan/Denn, Cavan
- 27. Caitlin Surlis, Shannon Gaels, Roscommon
- 28. Aisling Flood, Drumlane, Cavan
- 29. Kellie Sullivan, Latton, Monaghan
- 30. Sophia O'Dowd, Shannon Gaels, Roscommon
- 31. Laura Doherty, Carndonagh, Donegal

Management Team:

Manager: Amy McGinley, Sean O'Sullivan, Enda Lawless

ATT: Ashling Scally, Wei-Hsiang, Cian O'Malley

Gaelic Games Staff: Paul O'Brien, Louise Byrne, Dave Sweeney







Team Photo - MTU Cork & DkIT



Team Photo - UCC2 & DCUDÉ3











The Lynch Cup is the second longest running of the Championships and it was won by Mary Immaculate College in its first year. The Cup is named after former Mary Immaculate College lecturer Noreen Lynch (RIP) who was central to the promotion of Gaelic Games in the teacher training college for many years. The competition began in 1996, with a big spread of winners over the years.

YEAR	WINNER		RUNNER-UP	
1996	Mary Immaculate College		Dundalk R.T.C.	
1997	Sligo Regional Technical College		University College Galway	
1998	Dublin Institute of Technology		N.U.I. Maynooth	
1999	Garda College	4-04	Cork I.T.	1-12
2000	University College Cork		N.U.I. Maynooth	
2001	N.U.I. Maynooth		I.T. Carlow	
2002	Mary Immaculate College		St. Mary's Strawberry Hill	
2003	University College Dublin (2)		Trinity College Dublin	
2004	Dublin City University	1-05	Athlone I.T.	0-07
2005	Trinity College Dublin		St. Mary's Strawberry Hill	
2006	Dublin City University	3-10	Liverpool Hope University	0-12
2007	Dundalk IT		Liverpool Hope University	
2008	University College Cork	4-16	Liverpool Hope University	1-02
2009	St. Mary's Uni. College Belfast	4-13	D.I.T.	2-07
2010	Mary Immaculate College	4-08	Dublin City University (2)	0-04
2011	Institute of Technology Carlow	2-11	Dublin City University (2)	1-03

Roll of Honour

YEAR	WINNER		RUNNER-UP	
2012	Athlone Institute of Technology	1-11	Trinity College Dublin	1-10
2013	Trinity College Dublin		D.I.T.	
2014	St. Pat's College, Drumcondra	2-12	Cork I.T. 1	1-14
2015	Dublin City University (2)	2-13	Athlone I.T.	1-10
2016	University of Limerick (2)	3-10	D.I.T.	1-07
2017	Waterford I.T.	1-16	D.I.T.	2-09
2018	Ulster University Jordanstown	4-20	I.T. Sligo	0-03
2019	Technological University Dublin	3-16	Garda College	3-08
2022	TUS Midlands	2-18	St Mary's Belfast	0-06
2023	ATU Donegal	1-11	UCC2	1-07









Munster Ladies Gaelic Football (MLGFA) would like to wish MTU, Cork every success with hosting the HEC All-Ireland Finals from 7th - 9th March 2024

Giles Cup



Team Captain: Elaine Keogh

- 16. Ellen Donovan Rathcoffey, Kildare
- 17. Sinead McIntyre St. Eunans, Donegal
- 18. Katelyn Greenan Killeevan, Monaghan
- 19. Ella Hayes Maynooth, Kildare
- 20. Ella Moyles Dunshaughlin royal gaels, Meath
- 21. Eve Kelly Clara, Offaly
- 22.Clodagh Millington Donaghmore Ashbourne, Meath
- 23. Jennifer Brennan St. Faithleachs, Roscommon
- 24. Teigan McGonigle Kilcock, Kildare
- 25. Caoimhe O'Sullivan St. Laurences, Kildare
- 26. Saoirse Kiernan Ballymachugh, Cavan
 - 27. Kirsten Massey Clonard, Meath
- 28. Yasmin Brown Ballymore Eustace, Kildare
- 29. Hazel Malone Cooley Kickhams, Louth

Management Team:

Manager: Gerry Smith

Selector: Noel McGrath

Selector/S&C Coach: Louise Keane

GAA Development Officer: Jenny Duffy









Team Captain: Caoimhe Evans

16. Deliah Foley - Rathmore, Kerry 17. Saoirse Tomkins - Araglen Desmonds Buí, Cork 18. Liana Williams - Kerins O'Rahillys, Kerry 19. Isabelle O'Rourke - Knockainey, Limerick

Management Team:

Manager: Danny Leane Assistant Manager: Philip Dewey

Vice-Captain: Danielle O'Leary

- 20. Roisin Tucker St. Senans Fovnes, Limerick
- 21.Edel Sheehan Eire Og, Cork
- 22. Becky Bryant Shamrocks, Offaly
- 23. Shauna Tagney Scartaglin, Kerry

Giles Cup

Team Photo - MU & MTU Kerry





48 Giles Cup

Seven different colleges have won the Giles Cup, which is named after Geraldine Giles, who was LGFA President from 2003 to 2009; and was first played for in 2010. 2022 Giles Cup Champions Mary Immaculate College, Limerick lead the Roll of Honour with three titles.

YEAR	WINNER		RUNNER-UP	
2010	N.U.I. Maynooth	4-08	Waterford I.T.	1-06
2011	Waterford Institute of Technology 1	1-08	I.T. Tralee	1-06
2012	Mary Immaculate College Limerick	3-11	N.U.I. Maynooth	2-13 AET
2013	N.U.I. Maynooth	1-13	I.T. Carlow	2-04
2014	Mary Immaculate College	2-16	N.U.I. Maynooth	2-12
2015	Trinity College Dublin	1-16	Athlone Institute of Tech.	1-09
2016	St Pat's College, Drumcondra	0-12	Mary Immaculate College	1-08
2017	Dublin City University 2	3-11	Athlone Institute of Tech	0-14
2018	Waterford Institute of Technology	4-16	Dublin City University 2	0-08
2019	Ulster University Jordanstown	2-17	Waterford Institute of Tech	1-09
2022	Mary Immaculate College	3-08	TU Dublin	1-09
2023	Ulster University	4-14	MTU Kerry	1-09









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MTU CORK HOSTING THE LADIES FOOTBALL COMPETITION, THE O'CONNOR CUP

8 Q Mary O Connell Kellyann Hogan (C) Na Gaeil, Kerry acarbry, W 10 Aine O Neill Evie Twomev Bríd McMaugh Glanmire, Cork s. Waterford 4 1 Ellie Jack Leah Hallinan Ava Fennessy Clonmel Com nercials, Tipperary bbey Cork Bride Rovers, Cork

Team Captain: Kellyann Hogan

- 16. Megan McCarthy O'Donovan Nemo Rangers, Cork
- 17. Abigail Ring Cloyne, Cork
- 18. Amy Harrington Inbhear Scéine Gaels, Kerry
- 19. Kate Redmond Kinsale, Cork
- 20. Sadbh McGoldrick Eire Og, Cork
- 21. Eimear Burke Cromane LGFA, Kerry
- 22. Miriam Cotter St. Vals, Cork
- 23. Katie Brosnan Firies. Kerry
- 24. Aimee Corcoran Erins Own, Cork
- 25. Kaitlin Smith Aghada, Cork
- 26. Jessica Gill Southern Gaels, Kerry
- 27. Clare Walsh Aghada, Cork
- 28. Grace Murphy Naomh Abán, Cork
- 29. Maggie Coppinger St. Colums, Cork
- 30. Eve Power St. Pats. Waterford

Additional panel players

31. Clodagh O'Donovan - Glanmire, Cork 32. Katie Quirke - Bride Rovers, Cork 33. Christina O'Sullivan - Beara Ladies, Cork 34. Robin Fraher - Nemo Rangers, Cork 35. Tao Behan - Stradbally, Waterford

Management Team:

Manager: Joe Carroll Coach: Tadgh Buckley

Selector: Ann Walsh, Meadhbh Carroll, Chloe O Donovan, Chrys Ngwa, Clara Walsh

GAA Development Officer: John Grainger Physio's: Orla Coughlan and Richie Mooney

Team Line Out - UCC

Rachel Sheehan

Passage West, Cor

Naomh Abán, Cork



Caoimhe Forde Kanturk, Cork

Dara Kinirv

Lisgoold, Cor

50

O'Connor Cup

Nora Martin

Amy McDonagh

h Abán, Cor

Cliphh



Team Captain: Amy Garland

16. Orla Bradley - Down 17. Corinna Doyle - Armagh 18. Aoife Taggart - Antrim 19. Briana Quinn - Tyrone 20. Holly McQuaid - Monaghan 21. Niamh King - Down 22. Maeve Young - Cavan 23. Neva Louden - Down 24. Beth Jones - Tyrone 25. Ally Cahill - Cavan 26. Annie Gough - Mayo 27. Ellie Murphy - Antrim 28. Lana Sheehy - Tyrone 29. Clare Emerson - Antrim 30. Erin Tierney - Fermanagh

Management Team:

Manager: Stephen Mooney, Eoin Donnelly Video Analyst: Ryan O'Gorman









Ciara Banville Taghmon Camross, Wexford

> Clodagh Lohan Grattan's, Longford



Team Captain: Emma Duggan

16. Orna Kelly - Carrickmacross, Monaghan
17. Aoife Farrell - Simonstown, Meath
18. Aine McGrath - St. Brigid's, Roscommon
19. Jenna Mortimer - Hollymount, Mayo
20. Kerri Owens - Thomas Davis, Dublin
21. Aoife Cullen - Gusserane O'rahilly's, Wexford
22. Maria Cannon - Burrishoole, Mayo
23. Jade Lyons - Shamrock Gaels, Sligo

Emma Morrissey

Aherlow, Tipperary

Emma Duggan (C)

Management Team:

Manager: Stephen Duff

Coach: David Conway, Darren Kendrick, Aisling Tarpey, Emer Ni Eafa, Maria Reilly

FLO: Aine McParland

Vice-Captain: Roisin Ennis

- 24. Fionnuala McLaughlin Westport, Mayo
- 25. Sarah Reynolds St. Marys, Leitrim
- 26. Ciara Finnegan Crosserlough, Cavan
- 27. Aisling Hanly Kilbride, Roscommon
- 28. Roisin Ennis Naomh Ciaran, Offaly (Vice Captain)
- 29. Ella Duggan Clonguish, Longford

ATT's: Aoife Boylan, Fabian Kierzkowski, Caroline Rawlings, Emma Tinney

Performance Analysis: Kelly O'Neil, Ella Duggan

Gaelic Games Staff: Paul O'Brien, Louise Byrne, David Sweeney

HEC LGFA O'CONNOR CUP CHAMPIONSHIPS 2024

Leah Fox

Kate Kenny

Naomh Ciaran, Offa

encar-M

orhamilton. Leitrim

O'Connor Cup

Team Line Out - DCUDÉ

Team Line Out - TUD



Captain: Caoimhe O'Connor

- 16. Lauren Quane St Peregrines Dublin 17. Alex Bedford - Kilmacud Crokes - Dublin 18. Megan Dignam - Ballyboden St Endas - Dublin 19. Niamh Harkin - Naomh Padraig Muff - Donegal
- 20. Teagan Comber St Finians Dublin
- 21. Lily O'Dwyer Navan O'Mahonys Meath
- 22.Niamh Keenaghan Laragh United Cavan
- 23. Julia Buckley Kilmacud Crokes Dublin

Vice-Captain: Roisin O'Reilly

- 24. Shannon Russell Erin's Isle Dublin
- 25. Sophie Ngai Kilcullen Kildare
- 26. Grainne Gavin Louisburgh Mayo
- 27. Sinead Daly Lucan Sarsfields Dublin
- 28. Rachael Brennan St. Peregrines Dublin
- 29. Katie Chambers Westport Mayo
- 30. Katie Twomey Donaghmore Ashbourne Meath

Management Team:

Manager: Billy Quane Selector: Mick O'Mahony, Stephen Hoary, Stephen O'Meara, Diana O'Hora Goalkeeping Coach: Gary Kelly FLO: Sophie O'Mahony











The O'Connor Cup has been played for since 1987 and is named after Michael O'Connor. The top-tier Championship has had 11 different winners, with UL leading the charge with 12 titles, having won their first title in 1993. Mary Immaculate College were the first winners, with UCC, Waterford RTC and Thomond College also successful pre a UL five-in-a-row from 1993. It wasn't until 2000 that a college from outside of Munster took the top prize, with IT Sligo victorious. UCD registered a three-in-a-row from 2001-2003 and won five titles in six years, with UL also taking honours during that spell. UUJ claimed their first (and only title to date) in 2008, while DCU's first success came the following year to kick-start a three-in-a-row.

YEAR	WINNER		RUNNER-UP	
1987	Mary Immaculate College		University College Cork	
1988	University College Cork		Mary Immaculate College	
1989	Waterford R.T.C.		Mary Immaculate College	
1990	University College Cork		Mary Immaculate College	
1991	Thomond College		Mary Immaculate College	
1992	Mary Immaculate College		Thomond College	
1993	University of Limerick		Mary Immaculate College	
1994	University of Limerick		Waterford R.T.C.	
1995	University of Limerick		Garda College	
1996	University of Limerick	1-13	U.U.J	2-03
1997	University of Limerick		Garda College	
1998	Institute of Technology, Tralee		I.T. Sligo	
1999	Institute of Technology, Tralee	0-17	University College Dublin	2-08
2000	Institute of Technology, Sligo	2-09	Waterford I.T.	2-04
2001	University College Dublin	2-08	Institute of Tech. Tralee	0-05
2002	University College Dublin	1-12	University of Limerick	1-07
2003	University College Dublin		U.U.J	

YEAR	WINNER		RUNNER-UP	
2004	University of Limerick	4-09	NUI Maynooth	2-08
2005	University College Dublin	1-11	NUI Galway	0-09
2006	University College Dublin		I.T. Sligo	
2007	University of Limerick	2-16	U.U.J	1-03
2008	University of Ulster Jordanstown	0-14	I.T. Sligo	1-03
2009	Dublin City University	2-11	University of Limerick	1-13
2010	Dublin City University	2-12	U.U.J	0-12
2011	Dublin City University	3-08	U.U.J	1-11
2012	University College Cork	2-14	U.U.J	1-13
2013	Queens University Belfast	4-10	Dublin City University	1-09
2014	University of Limerick	3-07	Queens University Belfast	1-09
2015	University of Limerick	3-16	Dublin City University	0-09
2016	University College Dublin	1-07	University of Limerick	0-09
2017	University of Limerick	2-05	University College Cork	0-08
2018	Dublin City University	2-12	University of Limerick	0-17
2019	University of Limerick	2-16	University College Dublin	1-10
2022	University of Limerick	0-12	University College Cork	1-09
2023	Dublin City University	3-14	University of Limerick	1-13















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