

# GAELIC GAMES PLAYER WELFARE CONFERENCE 2024



✓ **Theme: Optimising  
ACL Rehabilitation &  
Return to Play in  
Gaelic Games**

**SATURDAY, AUGUST 31ST,  
TUS ATHLONE - 9.00AM-  
2.30PM**

✓ **CPD Points  
Available**



✓ **Audience: Gaelic  
Games Medical &  
Sports Science  
Practitioners**



**Keynote Speakers:**  
Prof. Brian Devitt, Dr Ciarán  
Kearney, Laura Kealy, Liam  
Moffatt, Thilina Vitharana, Dr  
Aoife Lane

Confirm your place now –

**[Register Here](#)**



# CONFERENCE PROGRAMME

Morning Theme: Physiology of ACL  
Injury

Afternoon Theme: The ACL  
Environment

**8:30 - 9:00 -  
Refreshments**

**9:20 - 10:00 - Setting the  
Scene: Liam Moffatt**

**10:00 - 10:15 - Foireann  
Injury Management  
System Update: Eamon  
O'Reilly**

**10:15-11:00 - ACL Injury  
Mechanism & Diagnosis:  
Prof Brian Devitt**

**11:00-11:40 - ACL Rehab &  
Return to Play: Thilina  
Vitharana**

**11:40-12:15 - Networking  
Coffee Break**

**12:15-12:50 - Psychology of  
Injury: Dr Ciarán Kearney**

**12:50 - 13:25 - Nutrition &  
Injury: Laura Kealy**

**13:25 - 14:00 - Gender & the  
ACL: Dr Aoife Lane**

**14:00 - 14:30 - Dealing with  
ACL Injury - Roundtable  
Discussion**

**14:40 - Lunch & Slán**