



Yoplait HEC Championships 2022

Featuring The O'Connor Cup, Giles Cup, Lynch Cup, Moynihan Cup, Donaghy Cup, Lagan Cup & HEC Cup

Tuesday 8th March 2022









Friday and Saturday 11th & 12th March

Hosted by DCU Dóchas Éireann GAA Club
















Schedule and Fixture List

Tuesday 8th March

Time	Pitch	Competition	Ref
12.00PM	DCU (Astro)	 Yoplait HEC Cup Final GMIT v UU4 	TBC
2.00PM	DCU(Astro)	 Yoplait Lagan Cup Final TUS MW/UL v TU Dublin/DCU DÉ  	Sinead McHugh- Donegal
4.00PM	DCU(Astro)	 Yoplait Donaghy Cup Final DCU DÉ/UCD v Marino  	Angela Gallagher- Dublin

Friday 11th March

Time	Pitch	Competition	Ref
12.00PM	DCU (St Patrick's Campus) Astro	Yoplait Lynch Cup Semi Final TUS Midlands v MTU Kerry  	Derek McKittrick- Dublin
12.00PM	DCU (Sports Campus) Grass 2	Yoplait Giles Cup Semi Final 1 DCU DÉ v MIC 	John Devlin -Galway
1.00PM	DCU(Sports Campus) Grass 1	Yoplait O'Connor Cup Semi Final 1 DCU DÉ v UCC  	Seamus Mulvihill- Kerry
2.00PM	DCU (Sports Campus) Grass 2	Yoplait Giles Cup Semi Final 2 TU Dublin v Ulster University  	Jonathan Murphy- Carlow
3.00PM	DCU (St Patrick's Campus) Astro	Yoplait Lynch Cup Semi Final 2 IT Sligo v St Mary's Belfast  	Finbarr Shanahan- Dublin
3.00PM	DCU (Sports Campus) Grass 1	Yoplait O'Connor Cup Semi Final 2 UL v NUI Galway  	Maggie Farrelly- Cavan
4.00PM	DCU (Sports Campus) Astro	 Yoplait Moynihan Cup Final Letterkenny IT v MTU Cork 	Kelley Cunningham- Offaly

Schedule and Fixture List

Saturday 12th March

Team	Pitch	Competition	Ref
12.00PM	DCU (Sports Campus) Astro	Yoplait Lynch Cup Final	Barry Redmond-Wexford
2.00PM	DCU(Sports Campus) Grass 1	Yoplait Giles Cup Final	Brendan Rice-Down
4.00PM	DCU(Sports Campus)	Yoplait O'Connor Cup Final	Jonathan Murphy-

Yoplait Championship Finals to be broadcast Live

All seven finals in the Yoplait Ladies Gaelic Football Higher Education Championships will be streamed for the first time this year.

This follows on from the Live Streaming by TG4 of the O'Connor Cup Final in recent years, and the Irish language broadcaster will again provide live coverage of the Yoplait O'Connor Cup Final this year on their Spórt TG4 YouTube Channel on Saturday 12th March.

Earlier that day the Yoplait Giles Cup and Yoplait Lynch Cup Finals will be broadcast live on the Ladies Gaelic Football Association Facebook page, as will the Yoplait Moynihan Cup Final on Friday.

A week of live streams begins with a triple header of action on Tuesday 8th March, with the Yoplait HEC, Lagan and Donaghy Cup deciders broadcast live on the Ladies Gaelic Football Association Facebook page.



DCU PRESIDENTS ADDRESS- DAIRE KEOGH



A chairde,

I am delighted to welcome you to DCU for this year's O'Connor Cup finals weekend. This is a highlight of the intervarsity sporting calendar, which showcases the very best of Ireland's student talent.

Gaelic Games are very much part of DCU's DNA. I'm glad to say that our teams have a strong record in this competition, and DCU Dóchas Éireann are current holders of the Division One and Division Six League titles. Any successes we've had are the result of not just talent and hard work, but also investment. We are proud to support student athletes and we recently opened a state-of-the-art 3G pitch on our St Patrick's Campus. We're also part of a unique partnership with our neighbours in Na Fianna. Meanwhile, Dublin's Senior Football teams have their training base at DCU's Sports Campus.

Sporting success is not just measured in titles and trophies. Participation in sport at any level has huge benefits for students' physical and mental health. Sport develops life skills such as teamwork, decision-making, and resilience that can't be taught in the lecture hall. It helps us become agile and rounded individuals with the ability to adapt and thrive in a fast-changing world. At DCU, we are particularly committed to increasing female participation in sport, through initiatives such as the 20x20 pledge, which aims to increase visibility and coverage of female sporting achievements.

For now, though, we turn our attention to the contest at hand. Our thanks to the Ladies HEC for their work in organising this exciting event, and to the competition sponsor Yoplait, as well as DCU Dóchas Éireann's sponsor, Ballymore. Finally, I want to wish all the players, coaches and support teams the very best of luck as you proudly represent your college.

May the best teams win!

*Prof Daire Keogh
President, DCU*

LGFA PRESIDENT'S ADDRESS



Is cúis mhór áthais dom fáilte speisialta a chur romhaibh go léir chuig Ollscoil Chathair Bhaile Átha Cliath. Fearaim fáilte faoi leith roimh na himreoirí agus na coláiste go léir. Tá súil agam go mbainfidh sibh go léir taithneamh as na cluichí speisialta seo.

I am delighted and honoured to welcome you to Dublin City University for the concluding stages of the 2022 Yoplait Ladies HEC Championships, with seven pieces of silverware to be handed by the time play concludes on Saturday, March 12. These next few days are some of the most eagerly-anticipated on our annual calendar and, after a two-year absence for these competitions due to the Covid-19 pandemic, we're really looking forward to watching the cream of third-level talent in action. This will be the 33rd running of our HEC Finals and we will see champions crowned in the Yoplait HEC, Lagan, Donaghy, Moynihan, Lynch, Giles and O'Connor Cups.

Dublin City University are hosts for the 2022 Finals and their facilities are top class, and an ideal backdrop for such prestigious games. Many thanks to Paul O'Brien and his team at DCU for all of their hard work behind the scenes to ensure that the various pitches are in pristine condition and ready for a busy schedule of matches. The popularity of these competitions is reflected in the numbers of players playing third-level Ladies Football. It's estimated that, across the seven competitions, 58 teams and approximately 2,400 players have been involved. The administration of these fixtures is not a simple operation and great credit is due to Ladies HEC secretary DJ Collins for his work in this regard. Chairperson Daniel Caldwell also works tirelessly on behalf of the HEC, alongside Registrar Aine McParland.

I would also like to thank our All-Ireland inter-county championship sponsors TG4, who will provide live coverage of Saturday's Yoplait O'Connor Cup Final on the Spórt TG4 YouTube page. The other six Finals will also be live-streamed, which affords fans and followers of third-level football the opportunity to watch the 14 teams competing for the seven trophies. I wish to pay a special tribute to the players and mentors from all of the competing teams in the Yoplait HEC Championships, and not just those who have been fortunate enough to make it through to the semi-finals. Teams across the seven competitions have been very well prepared and we will see many of them again in the weeks and months ahead as they proudly wear their county colours. Our players are wonderful role models for our Association and have carried themselves superbly through what has been a challenging period for our nation.

A huge thanks, also, to our new HEC Championship sponsors, Yoplait Ireland, who are also the 'Official Yogurt of the LGFA.' Yoplait have come on board with us as sponsors for the 2022 competitions and we look forward to a long and fruitful partnership. Best wishes to Yoplait Ireland MD Andrew Burke, Brand Manager Deirdre Lowry and the entire team. Yoplait Ireland representatives will join us over the next few days to celebrate the very best of third-level Ladies Gaelic Football.

To all of the supporters from the competing colleges who are making the trip to Dublin for the semi-finals and Finals, we afford you a warm welcome. Our third-level competitions have provided some wonderful football and entertainment over the years, and I expect the 2022 renewal to be no different.

Bain taitneamh as na gcluichí

*Mícheál Naughton,
President, LGFA*

LGFA HEC CHAIRPERSON'S ADDRESS



Fáilte chuig DCU agus Craobhacha Árdoideachais Pheil na mBán urraithe ag Yoplait.

After two years it is so exciting to be moving towards the finals of our 2022 Yoplait championships.

This year we have 58 teams and over 2400 players registered to play with their colleges which makes the competitions the biggest we have ever run. This is only possible because of the commitment of players, colleges, coaches and backroom teams – thank you.

Running these competitions requires a dedicated team who give of their time to ensure the continued growth and development of our game in Further and Higher Education Colleges across the island. I want to thank DJ Collins (Secretary), Aine McParland (Registrar), Cólín Duffy (PRO), Jerome Casey (Treasurer) and Karen Togher (LGFA) who work tirelessly throughout the year to ensure the smooth running of all competitions.

We were delighted to announce in January a new sponsorship deal with Yoplait. We are thrilled to welcome Yoplait on board and look forward to working with them. Having a sponsor committed to increasing the profile of women in college sport really cements the growth of college football and provides further opportunities for its development. This sponsorship would not have been possible without the involvement of Jackie Cahill (LGFA Commercial and Communications Manager) and on behalf of the HEC committee and I want to thank him for his support.

During the pandemic streaming of live sports events became the norm and we are delighted that several games in the build up to the finals have been streamed. We are also delighted that all finals will be streamed and will be available free of charge on the LGFA social media platforms.

Finals across seven championships will be decided in March 2022. Three finals will be played on 8th March (International Women's Day) and the top tier semi-finals and finals will be decided on the 11th and 12th March. This promises to be a great celebration of football and I would encourage you to come out and support the games.

In conclusion I want to thank Paul O'Brien and the team in DCU for hosting our finals week. They have been fantastic to deal with and the level of commitment and professionalism has been outstanding. Thank you.

Let the games begin!!!

*Daniel Caldwell
Ladies HEC Chairperson*

SPONSORS ADDRESS



A Chairde,

On behalf of Yoplait Ireland, it's my great pleasure to welcome you all to Dublin City University for the forthcoming games. Yoplait Ireland would like to extend our best wishes and good luck to everyone participating in the concluding stages of the Yoplait Higher Education Championships over the coming days. We would like to thank the Ladies Gaelic Football Association for welcoming us so warmly into their family in this, the first year of our sponsorship of the Yoplait Higher Education Championships.

It has been a hugely positive experience for us and we recognise the dedication and commitment that's required of and from the players as they combine these important games and their training in tandem with their full-time studies. We have been lucky to meet with some of the players from each of the provinces and learn more about their passion for Ladies Gaelic Football, their motivations, their training schedules, their nutritional programmes and their ambitions for the future.

Perhaps one of the most outstanding qualities that we have observed is each of these players' commitment to those coming up behind them, and their encouragement for younger girls to 'stick at it' so that they can enjoy all of the rewards that come from participating, being part of a team and knowing what it is to want to win.

At Yoplait, we are convinced that success is achievable when we always believe and give the very best of ourselves. The Yoplait Higher Education Championships are the very embodiment of this belief and we are proud to be associated with the great work which have taken place in the third-level institutions around the country, as they prepare for the semi-finals and Finals that lie in store.

Generations of Irish families have 'grown up' enjoying Yoplait on a daily basis and we remain a firm fixture of choice in lunch boxes, sports bags and in fridges all over the country. With this in mind, we'd like to acknowledge the family, coaching and community support that is an integral part of these Championships, and which spurs performance and self-belief levels on the field of play.

Early morning and late night training sessions that require transport, support from the sidelines, hours of dedicated coaching and referee time; we can see that these are the acts of selfless service which lie at the very heart of the Ladies Gaelic Football Association. We would like to acknowledge all of the parents, carers, referees, coaches and volunteers who make this possible.

We look forward to learning more about you, the players, and ultimately growing our relationship with the Ladies Gaelic Football Association and members in the coming years.

*Deirdre Lowry,
Brand Manager,
Yoplait Ireland.*



GREAT MEMORIES PLAYING 3RD LEVEL FOOTBALL

BY EMMA DUFFY (*The42.ie* & Lynch Cup winner with D.C.U.)

PRE-pandemic I met a group of friends for lunch. I hadn't seen some of them for well over a year — and these were girls that used to spend every single day with — but it was as if nothing had changed.

We had a lovely time catching up and reminiscing on the many, many good days, and nights, we spent together in DCU — and the bit of football that was played too.

Some live abroad now, while everyone else is sprawled across the country. Some play inter-county football, others don't play at all any more, while everyone works in completely different fields, but we'll always have that one special connection because of college football.

The same applied a few days later when I met our nutritionist (or cool aunty, as she liked to be referred to) Tracey Harrington for a coffee. The best thing about college football is the amazing people you meet along the way, and the lifelong memories you make.

There's something special about people from each and every one of the 32 counties putting their rivalries aside and working together to achieve the same goal. From the countless early morning gym sessions to the endless MAS runs, the meaningless challenge matches on freezing, cold November nights to the do-or-die championship finals on fresh March afternoons, the post-match alcohol-assisted analysis on buses home to the days you'd sit around doing nothing but talking football; college football days really are some of the best of your life.

One of my first memories of DCU is playing in the freshers blitz. I have zero recollection of the football played, but the one thing I recall vividly is the friendships made that day. Friendships that are now kept going through WhatsApp groups and voice messages and were rekindled at that lunch a few weeks back, but will undoubtedly be life-long.

Not only that, but college football is hugely important for a player's development on the field as well. You're playing with — and against — some of the country's top footballers week in, week out and there's no doubt that it brings you on leaps and bounds. Even just being in that environment, you subconsciously pick up things to take home to your club and county.

The matches are some of the best you'll ever play in. At O'Connor Cup level, the standard is as good as — if not better than — senior inter-county. In my second year in DCU, I was lucky enough to be involved in a Lynch Cup victory. I was unfortunately injured at the time, but I'll never forget that semi-final as long as I live. Dead and buried with 15 minutes to go, we came from something like 12 points down to beat CIT, the hosts and overwhelming favourites. While we thankfully got the job done in a much more straightforward manner the next day, that's one match that will forever stand out in my mind.

That weekend, and the days that followed, are hands down my favourite DCU memories — and there are quite a lot to compete with.

That's what it's all about: making memories alongside life-long friends. Yes, college football and the competitions involved is hugely important and beneficial in the development of the player — but above all else, it's about the development of the person.

DCU ALUMNI EVENT



Members of DCU's four O'Connor Cup winning teams gathered for a special dinner recently to remember their success and mark the college's hosting of the Ladies Higher Education Championship Finals once again. DCU Ladies' footballers made the breakthrough at O'Connor Cup level in 2009 after initially finding success in the Lynch Cup in 2004 and 2006. Gold and Navy ribbons were tied to the O'Connor Cup again in 2010 and 2011 as Peter Clarke's charges completed a previously unthinkable three-in-a-row.

The college would lift the O'Connor Cup again in 2018 – following an epic 1-point win over UL in the final – with a team including current AFL stars Sarah Rowe and Aishling Sheridan and the 2021 Footballer of the Year Vicki Wall.

The special dinner was organized by DCU Alumni and DCU Sport and Wellbeing – with the University's President Daire Keogh & Director of Sport and Wellbeing James Galvin among those in attendance.

DCU Head of Gaelic Games Paul O'Brien opened proceedings – apologising for the absence of the winning manager of the four O'Connor Cup winning teams Peter Clarke. "He hates this kind of stuff...I think he's at some under 8s game tonight anyway and is delighted with that. But I can sense how you all hold him in such high regard, and I hope he knows that too".

Following a drinks reception and meal, the captains of the four-winning teams joined DCU Alumni and RTE reporter Barry Lenihan for a panel discussion and to share memories of their time playing third level. 2009 Captains Mayo's Fiona McHale and Cavan's Bronagh Sheridan were joined by Tyrone's Shannon Quinn Cunningham (2010), Cavan's Donna English (2011) and Tipperary's Aishling Maloney (2018).

As Bronagh Sheridan was called to the panel by Lenihan, she shouted 'I wasn't the captain at all', but she ultimately recounted how she took the armband on an interim basis throughout much of 2009 following a lengthy suspension for McHale.

The pair recalled how there wasn't much expectation of the panel heading into 2009 – but Clarke and coach, the legendary Angie McNally, kept pushing the players for more. DCU pipped UL by a point in Jordanstown in what was their first ever O'Connor Cup final – prompting great celebrations in Belfast. Mayo's McHale would ultimately go on to play for UL – prompting Sheridan to jibe 'she's down for a dinner in UL tomorrow night'.



DCU ALUMNI EVENT (CONTINUED)

'The DCU days were unbelievable' laughed the Carnacon star in response. 2010 Captain Shannon Quinn Cunningham recalled how DCU triumphed when hosting the tournament in 2010; with Jordanstown dispatched in the final. She told the gathering how the team didn't feel any extra pressure as hosts, but many of her teammates devoted hours of energy into organising the finals weekend. 'It's crazy looking back – I don't know how they did it'. Donna English would go on to captain Cavan to All-Ireland intermediate success in 2013, and she highlighted her time in DCU as crucial in hitting that peak. The 2011 captain remembered how the three-in-a-row winning team had lost some stars from their original incarnation of '09; but still prevailed over UUJ once again in the final.

While most in the room were visiting DCU for the first time in several years, 2018 Captain Aishling Maloney was a little different – having donned the cap and gown and graduating in PE and Biology just days previously. The Cahir woman recalled her eventful O'Connor Cup final – 7 points, the winning score in a one-point game and 10 minutes in the sin bin after a scrape with the woman beside her on this night, Fiona McHale.

DCU's 2009 captain was on the opposing team this time – and Maloney leapt to her feet to show the room how she was the innocent party in her tangle with McHale. The Mayo woman presented a different version of events, and after rigorous debate, the crowd settled on a draw. Maloney also vividly recalled intense training games between 'the Dubs and the country girls...nobody wanted to leave the pitch'. And she remembered the inspiration the team derived from seeing Peter Clarke on the training pitch not long after a close family bereavement.

Lenihan also introduced the motion resoundingly passed at the 2022 GAA Congress which could see greater alignment between the GAA, LGFA and Camogie Association. The panellists viewed it as a potential game changer for ladies football, noting the constant struggle for resources and pitch space.

However, Bronagh Sheridan noted how during her time at DCU 'we had the same facilities, same gym, same access as the men. It was no different', with Aishling Maloney noting how the high standards for the ladies' set-up in DCU encouraged her to bring those standards to her club and county set-up too.

DCU has won the most O'Connor Cup titles in its history – and will be hoping to add to that tally and make more memories this weekend.

Article by Barry Lenihan

Photos by Emma Meyler



The Yoplait HEC Cup is being contested for the first time in 2022 and kick starts our week of finals, with GMIT Mayo facing Ulster University.





No	Name	College Course	Club	County
1	Emily McGrory	Outdoor Education		Kildare
2	Ciara McDonagh	General Nursing		Galway
3	Sophie Devanney	Applied Social Care		Clare
4	Rachel Barrett	General Nursing	Cill Comain	Mayo
5	Shona Hickey	General Nursing		Limerick
6	Maeve Flanagan	General Nursing	Kilkerrin-Clonberne	Galway
7	Saoirse Tunney	General Nursing	Round Towers	Dublin
8	Bronagh Quinn	General Nursing	Annaghdown	Galway
9	Lucy Wallace	Nursing Studies	Burrishroole	Mayo
10	Siobhan Brew	General Nursing	West Clare Gaels	Clare
11	Emma Halton	General Nursing	Gowna	Cavan
12	Lucy Tuohy	Early Childhood Education	Castlebar Mitchels	Mayo
13	Vivienne Ward	Early Childhood Education	Breaffy	Mayo
14	Anna Tuohy	Psychiatric Nursing	Castlebar Mitchels	Mayo
15	Olwyn Kenny	General Nursing	Castlebar Mitchels	Offaly
16				
17	Lisa Scahill	Legal & Medical Admin	Westport	Mayo
18	Niamh Burke	General Nursing	Mullinalaghta	Longford
19	Megan Carty	General Nursing		Roscommon
20	Eireann McGrath	Early Childhood Education	Naomh Brid	Donegal
21	Shauna Tolan	Sport & Exercise Science	Ballintra Parke	Mayo
22	Lisa Killoran	General Nursing		Galway
23	Deirdre Hamill	General Nursing		Galway
24	Orlaith Moloney	General Nursing		Galway
25	Sinead Kearney Aoife	Applied Social Care	Clonbur	Galway
26	Aoife English	General Nursing		Longford
27	Aisling McDonagh	General Nursing	An Ceathru Rua	Galway
28	Orla Burke	General Nursing		Clare
29	Eadaoin Wilson		St Patricks	Tipperary
30	Laura Kane		Doonbeg	Clare
31	Karagh Neary	Psychiatric Nursing	Castlebar Mitchels	Mayo
32	Sarah Cullen	General Nursing		Sligo
33	Sara O' Gara	Applied Social Care		Donegal
34	Hazel Farrell	General Nursing		Longford

Manager- Mickey Feeney/Daniel Caldwell
Selector- Declan Ginty
Physiotherapist/ATT- Damian Burke
Captain- Maeve Flanagan



No	Name	Club	County
1	Orla Bradley	Burren	Down
2	Erica Douglas	Aghadrumsee	Fermanagh
3	Maria McKenna (Capt)	Con Magee's Glenravel	Antrim
4	Lily Towe	Clann Eireann	Armagh
5	Bronagh McAleer	Errigal Ciaran	Tyrone
6	Tara Brown	Rostrevor	Down
7	Derbhla McGreevey	Kilcoo	Down
8	Aoife Reid	Clann na nGael	Armagh
9	Niamh Fox	Loughmacrory	Tyrone
10	Ellis Murphy	RGU Downpatrick	Down
11	Eilish O'Neill	Beragh Red Knights	Tyrone
12	Claire Emerson	Con Magee's Glenravel	Antrim
13	Molly Woulahan	Con Magee's Glenravel	Antrim
14	Annie Crozier	St Treas Ballymaguigan	Derry
15	Cathleen Kelly	Trillick St Macartan's	Tyrone
16	Eva Hinds	Bredagh	Down
17	Lauren Rushe	Fr Rock's Cookstown	Tyrone
18	Gemma McCrudden	Glenariffe Oisín's	Antrim
19	Orla Leonard	St Patrick's Donagh	Fermanagh
20	Erininn McMenamin	St Joseph's Ederney	Fermanagh
21	Lorraine Doherty	Cloughaneely	Donegal
22	Blaithin Malone	Cooley Kickham's	Louth
23	Amy Goodwin	Trillick St Macartan's	Tyrone
24	Leah McGuigan	Sperrin Og	Tyrone

Manager- Sean O'Kane
Selector- Tommy Coleman
Captain-Maria McKenna
GAA Development Officer-Paul Rouse

St. Patrick's College Thurles (now known as Mary Immaculate College, Thurles) and I.T. Blanchardstown (now TU Dublin - Blanchardstown Campus) have both won the Yoplait Lagan Cup twice.

In total, eight different colleges have claimed the title, but both of this years finalists are aiming for their first Yoplait Lagan Cup success.

Year	Winners		Runners-Up	
2010	G.M.I.T. Castlebar	3-21	Carlow I.E.	0-04
2011	Coláiste Mhuire Marino		St. Patrick's College, Carlow	
2012	I.T. Blanchardstown		G.M.I.T. Castlebar	
2013	Mater Dei		Limerick I.T.	
2014	St. Patrick's College, Thurles		Limerick I.T.	
2015	I.T. Blanchardstown		I.T. Tallaght	
2016	St. Patrick's College, Thurles	4-20	Ulster University Magee	2-03
2017	G.M.I.T. Galway	5-12	Ulster University Coleraine	0-03
2018	Ulster University Coleraine	1-13	Athlone I.T. (2)	0-07
2019	Ulster University Magee	4-09	DCU Dóchas Éireann (6)	0-07





Professional Doctorate in Elite Performance (Sport)

Develop evidence-based solutions to your ‘real-world’ problems in the sporting landscape.

The Professional Doctorate in Elite Performance (Sport) (Level 10 NFQ, 240 ECTS) is a four year part-time, blended learning programme,

comprising both research and taught elements. The programme will exploit the working context of students by supporting them to develop evidence-based solutions to their ‘real world’ workplace problems from across the sporting landscape.

Aimed at the next generation of practice leaders in sport, the qualification is designed to enhance and acknowledge the quality of innovation, critical review and systematic application of appropriate theories and research to sport performance.

“It has completely challenged my current position. It’s made me seek out different perspectives and see things from a 360-degree lens.”

Declan Darcy, former Dublin GAA Assistant Manager and current Professional Doctorate student.

If you would like to know more:

E: aine.macnamara@dcu.ie



MSc in Elite Sport Performance

Explore evidence-based solutions to your ‘real-world’ problems in the sporting landscape.

The MSc in Elite Sport Performance (Level 9 NFQ, 90 ECTS) is a two-year, part-time, distance-learning programme that provides students with an opportunity to complete a programme of study focused on theories and practice of sport performance and develop an advanced understanding of research methodologies and reflective and critical skills.

This programme is aimed at early-career professionals working in the sport domain, and those with aspirations to work in this environment, who are motivated to extend their knowledge and understanding of elite sport performance and deepen discipline-specific expertise through postgraduate study.

“I am already more sceptical about what I am doing. I am more aware of checking and asking questions but also become more mature about things I am already doing well.”

Jamilton Mülders, Head Coach Netherlands Women (Field Hockey) and current MSc student.

If you would like to know more:

E: robin.taylor@dcu.ie

DCU School of Health and Human Performance



No	Name	College Course	Club	County
1	Shauna McWeeney	Architectural Technology	Kilmore	Roscommon
2	Chloe O Connor	Structural Engineering	Lucan Sarsfields	Dublin
3	Aoife Nic Chormaic	Culinary Arts	An Spidéal	Galway
4	Leah Shekleton	Digital Marketing and tourism	Bailieborough Shamrocks	Cavan
5	Ava Sheils	Optometry	Killygarry	Cavan
6	Kacey Geoghegan	Clinical Measurement Science	St Mary's Rochfortbridge	Westmeath
7	Aoife O'Connor	BSc in Business and Law	ISSC Vancouver GAA	Canada
8	Bláithín Butler	Business and management	Clan na Gael Kilmacanogue	Wicklow
9	Ava O'Brien	Accounting and Finance	Dunshaughlin Royal Gaels	Meath
10	Isabelle Taylor	Economics and finance	Na Fianna	Dublin
11	Sophie Flynn	Retail and services management	Kilmeena	Mayo
12	Leah Sheerin	Culinary Science	St.Peters Dunboyne	Meath Leitrim
13	Eimear Quigley	Biomedical Science	Annaduff	Dublin
14	Laura Geary	Sport and Leisure Management	Foxrock Cabinteely	Dublin
15	Niamh Walsh	Business and Management	Kilmacud Crokes	Galway
16	Ciara O Malley	Medical Science	Kilconly	Limerick
17	Emma O'Malley	Clinical measurement science	St.Senan's	Tipperary
18	Katie McCarthy	Optometry	Clerihan	Donegal
19	Jessica O'Brien	Baking & Pastry Arts Management	Naomh Muire	Mayo
20	Mairéad Gallagher	Human Nutrition and Dietetics	Castlebar Mitchels	Donegal
21	Anais Doherty	Clinical Measurement Science	Carndonagh GAA	Galway
22	Louise Coen	Medical Science	Kilconly	Kildare
23	Anna O'Donovan	Clinical Measurement Science	Raheens	Mayo
24	Megan Nugent	Bioscience	Westport	Meath
25	Michelle Mc Quaid	Interior Design	St.Michaels GFC	Dublin
26	Shauna Finlay	Marketing	Ballyboden st enda's	Meath
27	Ellen Kate Markey	Nutraceuticals in Health and Nutrition	Clann na nGael	Wexford
28	Hannah White	Public Health Nutrition	Kilmore Gaa	Dublin
29	Maeve Gleeson	General Engineering	Garda Westmanstown Gaels	Cavan
30	Alanna Moffitt	Culinary arts	Shannon Gaels	
31	Aine Donlon	Biomedical and Molecular Diagnostics	St Oliver Plunkett Eoghan Ruadh	Dublin
32	Shannon smith	Access foundation course	Fingallians swords	Dublin
33	Roisin Sherwood	Business and Law	Geraldine Morans	Dublin
34	Claire Stuart	Drama	St Mary's Rochfortbridge	Westmeath
35	Niamh Carey	Business and Law	St Mary's Rochfortbridge	Westmeath

Manager- Lar O'Brien
Selector-Kate Brennan
Captain-Eimear Quigley
GAA Support Officer-Lar O'Brien



No	Name	College Course	Club	County
1	Laura Gibbons	Construction Management and Engineering	CLG Thuar Mhic Éadaigh	Mayo
2	Caoilfhionn Barry	Physical Education	Inch Rovers	Cork
3	Genevieve Hennigan	Arts	Kilmoremoy	Mayo
4	Mairead Murphy	Psychology	Southern Gaels	Kerry
5	Martha Dunne	Business Studies	Davidstown/Courtnacuddy	Wexford
6	Rebecca Fenlon	Biology and Ag Science teaching	St Conleths	Laois
7	Lara Sheridan	Arts	Kilmoremoy	Mayo
8	Sarah Hurley	Psychology	O Donovan Rossas Skibbereen	Cork
9	Niamh Donohoe	Physical Education	Ballinamore Seán o heslins	Leitrim
10	Roisin Duffy	Physiotherapy	Killannin	Galway
11	Aoife Twomey	Science Education	Macroom	Cork
12	Maria McSweeney	Physiotherapy	Abhainn Dalla	Cork
13	Roisin McNamara	Business Studies	Burren Gaels	Clare
14	Sarah Fleming	Sports Health &Exercise Management	Spa	Kerry
15	Roisin Griffin	Sports &Exercise Sciences	Cromane LGFA	Kerry
16	Adele O'Brien	Business Studies	Beaufort	Kerry
17	Layla Stacey Soubki	Maths and Computer Science	An Tóchar	Wicklow
18	Laura Finlay	Science Education	Passage West	Cork
19	Lauren Horgan	General Nursing	Killarney Legion	Kerry
20	Arianna Cahill	Law & accounting	Kilmovee shamrocks	Mayo
21	Niamh McFadden	Sports &Exercise Sciences	Moorefield	Kildare
22	Grace Butler	Construction Management and Engineering	St Rynaghs	Offaly
23	Eimear Quinn	Physical Education	St.Bridges lgfa	Monaghan
24	Lily Cox	Physical Education	Castleisland Desmonds	Kerry
25	Grainne O'Shea	Science Education	Eire Og	Cork
26	Siofra Hughes	Physical Education	Aodh Ruadh	Donegal
27	Niamh Murphy	Physical Education	St Annes	Carlow
28	Sadhbh Culleton	Biological and chemical science	Skerries Harps	Dublin
29	Zoe Sheridan	Criminal Justice	Kilmoremoy	Mayo
30	Claire Comer	Biology and Ag Science teaching	Glenamaddy Williamstown	Galway
31	Alexandra Gigon	Engineering	Kilbride	Roscommon
32	Claire Maguire	General Nursing	Killavullen	Cork
33	Lisa O'Dwyer	General Nursing	Round Towers	Kildare
34	Aisling Kelly	Physical Education	Listowel Emmets	Kerry
35	Catherine Donworth	Business Studies	Knockainey	Limerick

Manager- Jason Wallace

Coach- Aine Brady

Selector-Siofra O'Shea

Selector-Zara Fay

Captain-Mairead Murphy

GAA Development Officer-Ronan Keane

TUS MIDWEST



No	Name	Club	County
1	Aoife Parsons	Parke KC	Mayo
2	Fiona Gilmartin	Kilmoremoy	Mayo
3	Aisling Morrissey	Cooraclare	Clare
4	Joanne Foley	Adare	Limerick
5	Mary Kate Clancy	Comeragh Rangers	Waterford
6	Gráinne McKenna	Tyolland	Monaghan
7	Niamh Miley	St Laurence's	Kildare
8	Emma Deeley	Na Fianna	Dublin
9	Tara Dunne	Edenderry	Offaly
10	Ella Whelan	Monagea	Limerick
11	Iris Kennelly	Old Mill	Limerick
12	Aoife Corbett	Monagea	Limerick
13	Meg Brennan	Liscannor	Clare
14	Sally King	Burren Gaels	Clare
15	Caoimhe Redmond	Kildavin	Carlow
16	Kayleigh O'Rourke	Wolfe Tones na Sionna	Carlow
17	Shannen O'Donovan	Banner	Clare
18	Orlagh Burke	St John Bosco	Down
19	Caoilfhionn Ní Chonaill	St Joseph's Doora Barefield	Clare
20	Róisín Scales	Barndarrig	Wicklow
21	Brónagh Malone	Castleblayney Faughs	Monaghan
22	Kieara Dunne	St Gabriel's	Galway
23	Katie O'Riordan	Bruff	Limerick
24	Chloe Towey	St Joseph's Doora Barefield	Clare
25	Norah O'Dwyer	Burren Gaels	Clare

Manager- Liam O'Connell

Physio-Darragh Kennedy

Captain-Gráinne McKenna

GAA Development-Mark O'Donnell



No	Name	College Course	Club	County
2	Abby Mitchell	Health and Society	Carrick Ladies	Monaghan
3	Amy McGinley	General Engineering	Kilcar	Donegal
4	Anna Kennedy	Mental Health Nursing	Two Mile House	Kildare
5	Anna Lyons	Law and society	Aghamore	Mayo
6	Annalise crean	Physical Education with Biology	Davidstown Courtnacuddy	Wexford
7	Aoibhe Lennon	Accounting and Finance	St.Brighids	Roscommon
8	Aoibhín McGoldrick	Computing for Business	Ballinamore Sean O'Heslin	Leitrim
9	Aoife Kilcommins	Physical Education with Biology	Caherlistrane	Galway
10	Bronagh McKenna	Health and Society	Tyeholland	Monaghan
11	Caitlin Wilcox	Analytical Science	Carrick Ladies	Monaghan
12	Caoimhe Brady	General Nursing	Templeport	Cavan
13	Christine Heeney	General Nursing	CLG Naomh Columba	Donegal
14	Ciara mc namara	General Nursing	St Peregrines	Dublin
15	Claire Grady	Genetics and Cell Biology	Moy davitts	Mayo
16	Claire Sweeney	Accounting and Finance	Milltown	Kildare
17	Edel Hayes	General Nursing	Rosscarbery	Cork
18	Edel McGovern	Children's & General Nursing	Templeport	Cavan
19	Eimer Callan	Business Studies	Carrick Ladies	Monaghan
20	Ellie Barron	Communications	Naomh Mhuire Convoy	Donegal
21	Eva Beisty	Business Studies	Roscommon Gaels	Roscommon
22	Grace Flanagan	Accounting and Finance	Boyle	Roscommon
23	Grace Kietly	Law and Society	Raheens	Kildare
24	Grace McColgan	Physical Education with Biology	Naomh Padraig Muff	Donegal
25	Hannah McHugh	Multimedia	Corofin	Galway
26	Kate Breslin	Physical Education with Mathematics	Carrickedmond Ladies	Longford
27	Katie Carragher	Sports Science and Health	Donaghmore/Ashbourne	Meath
28	Laura Cahill	Chemical and Pharmaceutical science	Kill	Kildare
29	Laura Cuskelly	Business Studies	Naomh Molaoise	Offaly
30	Laura Kellett	Business Studies	Beann Eadair	Dublin
31	Laura McNamara	Business Studies	St Peregrines	Dublin
32	Megan Moynagh	Sports Science & Health	Drumgoon	Cavan
33	Michaela Harte	Mechanical engineering	Ballinamore	Leitrim
34	Niamh O'Callaghan	Applied Language & Translation Studies	St. Colmcilles	Meath
35	Rebekah Egan	Global Business (France)	Rhode Ladies	Offaly
35	Úna Nerney	Physical Education with Mathematics	St. Jude's	Dublin

Managers-

Ellen Murphy

Ali Cushen

Sarah Jane Brady

Orla Keating

Jeanne De Toulgeot

Natasha Munnelly

Karen O Connell

Orla Quinn

Ciara Byrne

The Yoplait Donaghy Cup is the third longest running of the Yoplait Ladies Gaelic Football Higher Education Championships, with Dublin Institute of Technology the first winners in 2003.

13 different colleges have won this title, with four winning it twice - DIT, RCSI, Marino Inst. of Education and St. Pat's Col. Drumcondra.

Year	Winners		Runners-Up	
2003	Dublin Institute of Technology		G.M.I.T. Castlebar	
2004	Limerick Institute of Technology	3-11	G.M.I.T. Castlebar	2-04
2005	N.U.I. Galway (3)	3-08	U.C.C. (2)	1-06
2006	G.M.I.T. Castlebar	4-04	Cavan College	1-08
2007	UU Jordanstown (2)	3-09	Dublin Institute of Tech.	3-08
2008	Dublin Institute of Technology	2-11	Limerick I.T.	2-04
2009	Queens University Belfast (2)	3-07	Royal College of Surgeons	1-11
2010	University of Limerick (3)	3-15	Mary Immaculate College 2	1-05
2011	Royal College of Surgeons	1-11	N.U.I. Galway (3)	1-08
2012	Marino Institute of Education	0-17	I.T. Sligo (2)	1-07
2013	St Pat's College Drumcondra (2)	2-12	I.T. Sligo (2)	3-06
2014	University of Ulster Coleraine	0-13	I.T. Sligo (2)	1-08
2015	St Pat's College Drumcondra (2)	5-10	Liverpool Hope University	0-01
2016	Letterkenny Institute of Tech.	4-15	I.T. Blanchardstown	3-15
2017	Marino Institute of Education	3-11	Royal College of Surgeons	1-10
2018	Royal College of Surgeons	4-08	DCU Dóchas Éireann (6)	1-08
2019	G.M.I.T.	6-15	Marino Institute of Ed.	1-13





No	Name	Course	Club	County
1	Ciara McCarthy	B. Ed 2	Dromcollogher/Broadford	Limerick
2	Molly Kennedy	B. ECE 4	Tourlstrane	Sligo
3	Katelyn Ruddy	B. Ed 2	Thurles Sarsfields	Tipperary
4	Aileen Brannock	B. Ed 4	Kinnegad	Westmeath
5	Edel Beirne	B. ECE 1	St. Barrys	Roscommon
6	Eimhin Quinn	B. Ed 4	Aughawillan L.G.F.C.	Leitrim
7	Hayley Clarke	B. Ed 1	Magheracloone	Monaghan
8	Chloe Dolan	B. Ed 1	Annaduff LGFA	Leitrim
9	Dearbhaile Rooney	B. Ed 2	Killoe Ladies	Longford
10	Aoife Grogan	B. Ed 4	Ballyboden St. Endas	Dublin
11	Kia Geraghty	B. Ed 4	Seneschalstown	Meath
12	Catriona Marren	B. Ed 2	St. Nathys	Sligo
13	Aoife Mitchell	B.Ed 1	Eastern Harps	Sligo
14	Aine Reilly	B. ECE 2	St. Finbars	Cavan
15	Orla Finnegan	B. Ed 1	Seneschalstown	Meath
16	Lauren Tivnan	B. Es 2	Kiltubrid Ladies	Leitrim
17	Aideen Harte	B. Ed 2	Tullamore	Offaly
18	Orla Robbins	B. Ed 2	St. Josephs	Westmeath
19	Sarah Nyhan	B. ECE 3	St. Brigid	Dublin
20	Caoimhe McGlynn	B. Ed 1	Glenfin	Donegal
21	Anna Murphy	B.ECE 4	Raheny	Dublin
22	Aoife Coffey	B. Sc 2	St. Brigids	Dublin
23	Aine Murray	B. Ed 3	Mountbellow/Maylough	Galway
24	Aoife Dwyer	B. ECE 4	Ballyboden St. Endas	Dublin
25	Shaunagh Conneely	B. Ed 3	The Downs	Westmeath
26	Christine Wren	B. Ed 1	Ballyfin Ladies	Laois
27	Muireann O'Connor	B.Ed. 2	Arklow Geraldine Balleymoney	Wicklow
28	Nia Kennedy	B. Ed 3	Cuala	Dublin
29	Anna Sloyan	B. SC. 4	Charlestown Sarsfield	Mayo
30	Helen Meehan	B. Ed 2	Whitehall C.C.	Dublin
31	Niamh Ryan	B. Ed 4	St. Eunan's	Donegal
32	Meave Walsh	B. Ed 4	Caralstown /Kinnegad	Westmeath
33	Ciara Roebuck	B. Ed 3	Clontarf	Dublin

Managers- Jonathan Rock and Harry Barnes
 Assistants- Odhran McGlynn and Niall Drudy
 Stats- Niall McKiernan
 Captain-Eimhin Quinn
 Chairperson-Aodán Mac Suibhne
 Treasurer-Gene Mehigan
 GAA Development Officer- Denis Forde





No	Name	College Course	Club	County
1	Siobhán Markey	Bachelor of Education	Naomh Fionbarra	Louth
2	Emma Doherty	Bachelor of Education	Carndonagh	Donegal
3	Ciara Downey	Bachelor of Education	St. Laurence's GAA	Kildare
4	Laura Doherty	Bachelor of Education	Carndonagh	Donegal
5	Kellyanne Dempsey	Bachelor of Education	Crossabeg/Ballymurn	Wexford
6	Loren Doyle (Captain)	Bachelor of Education	Crossabeg/Ballymurn	Wexford
7	Aoife Greene	Bachelor of Education	Naomh Naille	Donegal
8	Aoife Kilkenny	Bachelor of Education	Carbury	Kildare
9	Caoimhe Madden	Bachelor of Arts	Gowna	Cavan
10	Alanna Reilly	Bachelor of Education	Dee Rangers	Meath
11	Sarah Clarke	Bachelor of RE and English	Drumgoon	Cavan
12	Aisling McCarthy	Bachelor of Education	Leixlip	Kildare
13	Sarah Gilmore	Bachelor of Arts, Joint Honours	The Westerns GFC	Louth
14	Ava Cunningham	Bachelor of Education	Clontarf GAA	Dublin
15	Elena McEnaney	Bachelor of Arts	Corduff	Monaghan
17	Nicole Buckley	Bachelor of Education	Naomh Ciaran	Offaly
18	Sadbh O'Shea	Bachelor of Education	Southern Gaels	Kerry
19	Kiah Farrelly	Bachelor of Education	Edenderry	Offaly
20	Hannah Martin	Professional Masters of Education	Oliver Plunketts	Louth
21	Elizabeth O'Boyle	Bachelor of Education	St. Barry's GFC	Roscommon
22	Róisín O'Connor	Bachelor of Education	Donaghmore-Ashbourne	Meath
23	Aoife Kelly	Bachelor of Arts	Termon	Donegal
24	Heather Kerins	Bachelor of Education	Boyle	Roscommon

Managers- Seán Curtis

Fiachra Coyle

Joey Gillespie

Mairtin Mannion

ATT- Bernard Boyle

Captain-Loren Doyle



Name	Club	County
Áine Kelleher	Mallow	Cork
Aisling Faulkner	Glencar Manorhamilton	Leitrim
Anna Hazlett	Drumkeeran	Leitrim
Aoife Clarke	Glynn Barntown	Wexford
Aoife Corry	Buncrana CLG	Donegal
Aoife Devlin	Molaise Gaels	Sligo
Aoife Diver	Cill Chartha	Donegal
Aoife McLaughlin	Drumcliffe Rosses Point	Sligo
Aoife Verling	Gers	Louth
Ava Pierce	Castletown	Wexford
Bláithnaid Henron	Ballyhegan Davitts	Armagh
Caoimhe Lynch	Bailieborough Shamrocks	Cavan
Catherine Skikun	Round Towers Clondalkin	Dublin
Ciara McKenna	Carryduff	Down
Ciara Ramsbottom	St Aibes	Limerick
Eadaoin Clancy	Glencar Manorhamilton	Leitrim
Éirinn Farrelly	Gaeil Colmcille	Meath
Ella Browne	Ballyboden St Ednas	Dublin
Ellen Devine	Ballymore	Longford
Emma McKeown	Killeevan	Monaghan
Erin Breheny	St Marys	Sligo
Heather Monaghan	Skryne	Meath
Holly Redington	Dunmore MacHales	Galway
Kate O'Farrelly	Adare	Limerick
Kate Ormsby	Kilmaine	Mayo
Katie Carragher	O'Neill Shamrocks	Monaghan
Katie Greene	St Marys	Meath
Katie McArdle	Naomh Fionnbara	Louth
Leisha Kennedy	St Judes	Dublin
Lucy O Callanain	Ballinteer St Johns	Dublin
Maeve Valentine	Bishoptown	Cork
Mairead Clancy	Glencar Manorhamilton	Leitrim
Méabh Hickey	Mattock Rangers	Louth
Melissa Carr	Castleblayney Faughs	Monaghan
Millie Burke	Duleek/Bellewstown	Meath
Niamh McKenna	Oldcastle	Meath
Rachel Kellaghan	Rhode	Offaly
Saoirse Murphy	Templeogue Synge Street	Dublin
Stephanie Moffatt	The Neale	Mayo



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DCU Dóchas Éireann
GAA Club



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A fifth winner of the Yoplait Moynihan Cup will be crowned in this years final with both Letterkenny I.T. and Munster Technological University - Cork Campus; both aiming for their first success.

Letterkenny I.T. lost the 2019 final to Dundalk I.T. with Cork I.T. and UCD 3 booking their place in the 2020 final, which was cancelled due to the pandemic. The competition didn't take place in 2021.

Year	Winners		Runners-Up	
2016	Garda College	2-14	University College Dublin (3)	1-06
2017	University College Dublin (3)	1-09	I.T. Blanchardstown	0-11
2018	St Mary's Uni. College Belfast	1-16	I.T. Tralee	0-05
2019	Dundalk Institute of Technology	2-11	Letterkenny I.T.	1-13





#	Name	College Course	Club	County
1	Orlaith Connolly	Health Science and Physiotherapy Studies	Eastern Harps GAA	Sligo
2	Katie Long	Accounting	Glenfin	Donegal
3	Nadine Friel	Sports and Exercise with Performance	Glenswilly	Donegal
4	Deirbhile Mc Caffrey	Sports and Exercise with Performance	Cornafean	Cavan
5	Julie Trearty	Sport and Exercise with Physical Education	Na Dúnaibh	Donegal
6	Claire Doherty	Sports and Exercise	St Eunans	Donegal
7	Megan Havlin	Sports and Exercise	Naomh Padraig, Muff	Donegal
8	Josephine Gallagher	Bioscience	Glenfin GAA	Donegal
9	Aoife Mc Colgan	Sport Performance Practice	Malin	Donegal
10	Emma Howe	General Nursing	St Finians GAA	Dublin
11	Marie Kelly	Sport and Exercise with Physical Education	St Faithleachs	Roscommon
12	Bridin Maguire	Sport and Exercise	Aodh Ruadh Ballyshannon	Donegal
13	Lauren Mc Bride	BSc (Hons) in Sports and Exercise with Performance	Na Dúnaibh	Donegal
14	Emer O'Neill	Health Science with Dietetic Studies	Swinford/ Killasser LGFA	Mayo
15	Aoife Deane	Health Science with Physio Therapy Studies	Machale Rovers	Mayo
16	Clara Bradley	Bsc Hons Agriculture	Sean Mac Cumhailis	Donegal
17	Karen Mc Loughlin	Health Science with Physiotherapy	Dromard LGFA	Longford
18	Aimee Mc Intyre	Health Science with Dietetic Studies	Cornafean LGFA	Cavan
19	Ciara Mc Garvey	Health Science with Physiotherapy Studies	Termon	Donegal
20	Danielle McGinley	Early Childhood Care Health and Education	Glenfin	Donegal
21	Lauren Martin	BSc Early Childhood Care Health and Education	Glenfin	Donegal
22	Shauna McFadden	BSc Sports and Exercise with Physical Education	St.Eunans	Donegal
23	Saskia Boyle	Business	Dungloe	Donegal
24	Amy Hyndman	Early Childhood Care Health and Education	Molaise Gaels	Sligo
25	Rebecca Grady	Veterinary Nursing	Sixmilebridge	Clare

Manager- Katy Herron
 Coach- Brian Curran
 Captain- Aoife McColgan
 Head of Sport- Michael Murphy



No	Name	College Course	Club	County
1	Aisling Forde	Social Care	Kanturk	Cork
2	Aideen Bohane	Biomedical Engineering	O Donovan Rossa	Cork
3	Kate O'Sullivan	Coaching Science and Sports Pedagogy	Rosscarbery	Cork
4	Kayleigh McGlashan	Applied Biosciences	Laune Rangers	Kerry
5	Roisin Dunphy	Biomedical Engineering	Stradbally	Waterford
6	Ellen Moore	Biological Science	Moynetempletouhy	Tipperary
7	Ava Hartigan	Business Information Systems	Knockainey	Limerick
8	Abbie O'Mahony	Fine Art	Glanmire	Cork
9	Emer McCarthy	Chemical and Biopharmaceutical Engineering	O'Donovan Rossa	Cork
10	Emma Barry	Early Childhood Education and Care	Bride Rovers	Cork
11	Ava looney	Nutrition and Health Science	Knocknagree	Cork
12	Sandra Dinan	Chemical and Biopharmaceutical Engineering	Glanmire	Cork
13	Abby Quirke	Social Care	Midleton	Cork
14	Meave Daly	Marketing	Ballyduff Upper	Waterford
15	Niamh Ryan	Pharmaceutical Biotechnology	Moynetemple Tuohy	Tipperary
16	Margaret Murphy	Accounting	Gabriel Rangers	Cork
17	Grace Kelly	Nutrition and Health Science	Araglen Desmonds Bui	Kerry
18	Caitlin Duffy	Biomedical Science	Fermoy	Cork
19	Cliona Murphy	Home Economics and Business	Southern Gaels	Kerry
20	Cliona McTaggart	Applied Biosciences	Nemo Rangers	Cork
21	Ellen Coffey	Business	Killarney Legion	Kerry
22	Leona O'Shea	Marketing	John Mitchell's	Kerry
23	Eva Mulcahy	Pharmaceutical Biotechnology	Ballymacarby	Waterford
24	Gillian Concannon	Architectural Technology	Naomh Fhionbarra	Cork
25	Leanne Murphy	Biomedical Engineering	St. Patricks	Tipperary
26	Molly Ring	Quantity Surveying	Naomh Fionnbarra	Cork
27	Leah Buckley	Social Care	Carrigtwohill	Cork
28	Laura Oates	Coaching Science and Sport Pedagogy	Calry St Joseph's	Sligo
29	Erin O'Grady	Agri-Biosciences	Westport	Mayo
30	Shauna O'Donoghue	Business	Glenflesk	Kerry
31	Brianna O'Shea	Marketing	Castlehaven	Cork
32	Ava Walsh	Business	Kanturk	Cork
33	Rachael Evans	Marketing	Laune Rangers	Kerry
34	Caitlin O'Mahony	Recreation and Leisure Management	Bantry Blues	Cork
35	Shannon Edwards	Marketing	Ellistown	Kildare

Manager-Conor Buckley

Coach- Luke McCarthy

Selectors-Christine Nolan, Sean Dennehy and Nicole Hickey

Physio/ATT- Janice Depuy

Captain- Aisling Forde

GAA Development Officer-Keith Ricken



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YOPLAIT LYNCH CUP

The Yoplait Lynch Cup is the second longest running of the Higher Education Ladies Football Championships and was won by Mary Immaculate College in its first year, who coincidentally were also the first Yoplait O'Connor Cup winners.

Year	Winners		Runners-Up	
1996	Mary Immaculate College		Dundalk R.T.C.	
1997	Sligo Regional Technical College		University College Galway	
1998	Dublin Institute of Technology		N.U.I. Maynooth	
1999	Garda College	4-04	Cork I.T.	1-12
2000	University College Cork		N.U.I. Maynooth	
2001	N.U.I. Maynooth		I.T. Carlow	
2002	Mary Immaculate College		St. Mary's Strawberry Hill	
2003	University College Dublin (2)		Trinity College Dublin	
2004	Dublin City University	1-05	Athlone I.T.	0-07
2005	Trinity College Dublin	3-10	St. Mary's Strawberry Hill	0-12
2006	Dublin City University		Liverpool Hope University	
2007	Dundalk Institute of Technology	1-12	Liverpool Hope University	2-05
2008	University College Cork	4-16	Liverpool Hope University	1-02
2009	St. Mary's Uni. College Belfast	4-13	D.I.T.	2-07
2010	Mary Immaculate College	4-08	Dublin City University (2)	0-04
2011	Institute of Technology Carlow	2-11	Dublin City University (2)	1-03
2012	Athlone Institute of Technology	1-11	Trinity College Dublin	1-10
2013	Trinity College Dublin		D.I.T.	
2014	St. Pat's College, Drumcondra	2-12	Cork I.T.	1-14
2015	Dublin City University (2)	2-13	Athlone I.T.	1-10
2016	University of Limerick (2)	3-10	D.I.T.	1-07
2017	Waterford I.T.	1-16	D.I.T.	2-09
2018	Ulster University Jordanstown	4-20	I.T. Sligo	0-03
2019	Technological University Dublin	3-16	Garda College	3-08





No	Name	College Course	Club	County
1	Racheal Sweeney	Veterinary Nursing	Holycross/Ballycahill	Tipperary
2	Edel Shanley	Sports Science with Exercise Physiology	St. Brigid's LGFA	Leitrim
3	Kelly Colgan	Social Care	Clann na nGael	Roscommon
4	Aoife McGibbon	Athletic Therapy & Rehabilitation	Clann Eireann	Armagh
5	Tamara Lee	Sports Science with Exercise Physiology	Grattons	Longford
6	Saoirse Walshe	Athletic Therapy & Rehabilitation	Carnacon LGFA	Mayo
7	Leanne Tsang	Veterinary Nursing	Round towers	Kildare
8	Ashling McCabe	Athletic and Rehabilitation therapy	Summerhill	Meath
9	Shauna Hynes	Msc in Digital Marketing	Milltown	Galway
10	Natashja merry	Athletic Therapy & Rehabilitation	Hollymount	Mayo
11	Ciara Whyte	Athletic Therapy & Rehabilitation	Killmoremoy	Mayo
12	Brionna Geaghan	Psychiatric Nursing	Athlone Gaa	Westmeath
13	Ciara Foxe	General Nursing	Forgney/Ballymahon	Longford
14	Laoise Walshe	Athletic Therapy & Rehabilitation	Killannin	Galway
15	Sarah Dillon	Exercise & Health Science	Miltown LGFA	Westmeath
16	Aoife Groake	Athletic Therapy & Rehabilitation	Swinford/killasser	Mayo
17	Ailish Kelly	Sports management	St micheals	Sligo
18	Aoife Mulry	Postgraduate	Caltra Cuans	Galway
19	Aoife Stankard	Athletic Therapy & Rehabilitation	Crusheen	Clare
20	Claire Sheerin	Bsc in Biotechnology	Cill oige	Westmeath
21	Chloe Downey	Athletic Therapy & Rehabilitation	Milltown	Kildare
22	Lucy Kindlon	Physical Activity and Health Science	Inniskeen Grattans	Monaghan
23	Holly Donoghue	Business Sport and Recreation	Geraldine's gfc	Louth
24	Suin Mcnamara	Athletic Therapy & Rehabilitation	Doora Barefield	Clare
25	Shauna Roche	Athletic Therapy & Rehabilitation	Naomh Abán	Cork
26	Clodagh McCahey	Athletic Therapy & Rehabilitation	Ballyboden St Endas	Dublin
27	Sinead Murray	Sports Science & Exercise Physiology	Craobh Chairain	Dublin
28	Vicki Carey	Microbiology	St.Broughans	Offaly
29	Alanna Scanlon	Bachelor of Business Sport Management	Rathkeale AFC	Limerick
30	Tara Conlon	Athletic Therapy & Rehabilitation	Na Fianna	Dublin
31	Laura Fennell	Sports Science	West Clare Gaels	Clare
32	Tia Cronin	Applied Social Studies in Social Care	Oran	Roscommon

Manager- Alan Mullen
 Coach- Enda Sheridan
 Selectors-Michael Reynolds
 Captain-Shauna Hynes
 GAA Development Officer-Kieran Martin



No	Name	College Course	Club	County
1	Kayla O Riordan	General Nursing	Knocknagree	Cork
2	Aobha Quinn	General Nursing	Clounmacon/Moyvane	Kerry
3	Becky Bryant	Health and Leisure	Tullamore	Offaly
4	Rebecca Scally	Health and Leisure	Kilbeggan Shamrocks	Westmeath
5	Jadyn Lucey	General Nursing	Na Gaeil	Kerry
6	Ciara Murphy	Business Studies	MKL Gaels	Kerry
7	Lisa Harte	General Nursing	O Donovan Rossa	Cork
8	Caroline Brennan	Agricultural Science	Athlacca	Limerick
9	Niamh Broderick	Health and Leisure	MKL Gaels	Kerry
10	Rebekah Grant	Health and Leisure	Carrigaline	Cork
11	Caoimhe Evans	Pharmaceutical Science	MKL Gaels	Kerry
12	Kellie O Donoghue	Health and Leisure	Geraldines	Louth
13	Meadbh Rochford	Health and Leisure & Massage	MKL Gaels	Kerry
14	Danielle O' Leary	Health and Leisure	Rathmore	Kerry
15	Aoife O Callaghan	General Nursing	Rathmore	Kerry
16	Robyn White	Health and Leisure	Ballymac	Kerry
17	Joanne Deay	Health and Leisure	Clane	Kildare
18	Lianna Williams	Health and Leisure	Kerins O' Rahillys	Kerry
19	Sarah Barrett	Business Studies	Na Gaeil	Kerry
20	Isabelle Halligan	Health and Leisure	Blessington	Wicklow
21	Shannen Cotter	Health and Leisure	Bennekerry, Tinryland	Carlow
22	Karen O Connor	Agricultural Science	Dromtarriffe	Cork
23	Laura Prendergast	Early Childhood Care & Edu	MKL Gaels	Kerry
24	Niamh Walsh	Early Childhood Care & Edu	Castleisland Desmonds	Kerry
25	Kayla Devlin	Health and Leisure	Kilcoole	Wicklow
26	Shauna Ring	Health and Leisure	Kilshannig	Cork
27	Shannon McCarthy	Health and Leisure	St. Brigids	Limerick
28	Emma Flynn	Health and Leisure	Gailtir	Waterford
29	Aoibhe O Doherty	Health and Leisure	Killarney Legion	Kerry
30	Shauna Flynn	Business Studies	Clane	Kildare
31	Roisin Coffey	Mental Health Nursing	Austin Stacks	Kerry
32	Aoibhinn Fitzgerald	Health and Leisure	Southern Gaels	Kerry
33	Hazel Riordan	Health and Leisure	Spa	Kerry
34	Labhaoise Walmsley	Health and Leisure	Castleisland Desmonds	Kerry
35	Isabelle O Rourke	Health and Leisure	Knockainey	Limerick

Manager- Alan O Neill

Coach- John Barry

Selector-Katie Sugrue

Captain- Niamh Broderick

GAA Development Officer-Eamon Fitzgerald

KINGS COURT
APARTMENTS





No	Name	College Course	Club	County
1	Lilly Vickers	Construction Project	Éire Óg	Roscommon
2	Abbie Sheerin	Intellectual Disability nursing	Milltown	Westmeath
3	Aoife Morrisroe	Human Nutrition	Shamrock Gaels	Sligo
4	Ellen O'Donougue	Home Economics	Lurgan Ladies	Cavan
5	Ann Sheridan	Social Care Practice	Burrishoole	Mayo
6	Roisin Rodgers	Health Science + Physical activity	Naomh Muire	Donegal
7	Megan Davey	Health Science + Physical activity	Geevagh	Sligo
8	Ellis Keane	Health Science + Physiology	Mchale Rovers	Mayo
9	Niamh Boyle	Home Economics	St.Nauls	Donegal
10	Jemma Brehony	Home Economics + Irish	Geevagh	Sligo
11	Lisa Powell	Home Economics + Religion	Eastern Harps	Sligo
12	Hannah Walsh	Social Care practice	St.Nathy's	Sligo
13	Lorraine Meehan	Early Childhood	Dunmore McHales	Galway
14	Claire Byrne	Health Science + Physiology	Naomh Columba	Donegal
15	Elaine Ní Niaidh	Forensic Investigation and Analysis	PeilnambanCárna/Caiseal	Galway
16	Niamh McDonagh	Architecture	St.Francis Ladies	Leitrim
17	Louise Merrick	Environmental Science	Shamrock Gaels	Sligo
18	Rachel Connolly	Human Nutrition	Tuam /Cortoon Ladies	Galway
19	Sarah Noone	General Nursing	Dunmore McHales	Galway
20	Aisling Winterbottom	Home Economics	Tinahely LGFA	Wicklow
21	Keeva Collins	Home Economics + Religion	Old Leighlin Ladies	Carlow
22	Shauna Boyle	General Nursing	St.Mary's	Galway
23	Emma Norman	Social Care Practice	Calry St.Joseph's	Sligo
24	Rachel Mc Partlin	Home Economics + Irish	Naomh Padraig	Leitrim
25	Lauren Fitzgerald	Applied Sports with Business	Eoghan Rua	Sligo
26	Laura Conway	Occupational Safety +Health	Eoghan Rua	Sligo
27	Aine Phelan	Home Economics + Religion	Kilmacow	Kilkenny
28	Keighleigh Cawley	Applied Science, Food, Nutrition	St.Mary's	Sligo
29	Chloe Norman	Social Care Practice	Calry St.Joseph's	Sligo
30	Blessing Eduard	Forensic Investigation and Analysis	Mosttrim	Longford
31	Eimear O'Hagan	Home Economics & Irish	Castletown Liam Mellow	Wexford
32	Niamh Brown	Accounting	St Nauls	Donegal
33	Dee McNally	Early Childhood Care + practice	Louisburgh	Mayo

Manager- Gavin Cawley

Coach- Paul Logan

Coach-Aaron Hoey

Physio/ATT-Alan Dunne

Captain-Roisin Rodgers

GAA Development Officer- Michael Harte



No	Name	Course	Cumainn	County
1	Caitlin Donnelly (Caitlín Ní Dhonnaile)	BA PE	Fionntamhnach, Na Piarasigh	Tír Eoghain
2	Ellen Somerville (Eibhlín Ní Shomacháin)	BEd Science	Naomh Mhuire, An Bhoirinn	An Dún
3	Anna McKenna (Áine Nic Cionaoith)	BEd PE	Naomh Pádraig, Domhnach Mór	Tír Eoghain
4	Bronagh Laverty (Brónagh Ní Laibheartaigh)	BEd PE	Con Mag Aoidh, Gleann Fhreabhail	Aontroim
5	Ella Miller (Eileanóir Ní Mhuilleoir)	BEd Maths	Naomh Eanna, An Ómaigh	Tír Eoghain
6	Molly McGloin (Molláí Nic Giolla Eoin)	BEd PE	An Baile Nua	Fear Manach
7	Emma Harkin (Eimhear Ní Earcáin)	BEd Science	Naomh Pádraig, An Táite Riabhach	Tír Eoghain
8	Louise Carlin (Labhaoise Ní Chearúlláin)	BEd Maths	Achadh na Cloiche	Tír Eoghain
9	Orna Kelly (Ornáit Ní Cheallaigh)	BEd RE	An Bhréadach	An Dún
10	Ella Rose Sainsbury (Eileanóir-Rós Sainsbury)	BEd PE	Baile an Stil, Brian Óg	Doire
11	Lauren Brady (Lauren Ní Bhrádaigh)	BEd PE	Éire Óg na Mullaí	Muineachán
12	Shanna Cassidy (Shanna Ní Chaiside)	BEd PE	Airt Mhic Mhurchadha, Bealach na Leice	Fear Manach
13	Maebh Corrigan (Méabh Ní Chorrágáin)	BEd Maths	Errigal Ciarán	Tír Eoghain
14	Anna Young (Áine Ní Ógáin)	BEd PE	Mhic Reachtáin, Muine Mór	Doire
15	Orla Swail (Órla Swail)	BA PE	Ceathrú Aodha Dhuibh	An Dún
16	Charlie Ní Shihbleáin	BA Irish	Na Dúnaibh	Tír Chonaill
17	Chloe Tracey (Chloe Ní Theasaigh)	BEd PE	Uilf Toin, Chill Dreasa	Tír Eoghain
18	Ellen Boden (Eibhlín Ní Bhuaáin)	BEd History	Dún Droma	An Dún
19	Maire Slane (Máire de Sláine)	BEd Irish	An Charraig Mhór	Tír Eoghain
20	Ellen Morgan (Eibhlín Ní Mhuireagáin)	BEd PE	Naomh Seosamh, Lann Abhaigh	Aontroim
21	Corinna Doyle (Corinna Ní Dhúghaill)	BA	Naomh Mhuire, An Ghráinseach Mhór	Ard Mhacha
22	Niamh McFlynn (Niamh Nic Fhloinn)	BEd PE	Mhic Reachtáin, Muine Mór	Doire
23	Mia Gregory (Máire Nic Gréagair)	BEd Irish	Gort na Móna	Aontroim
24	Ella Wilson (Eileanóir Nic Liam)	BEd PE	Naomh Gall	Aontroim
25	Majella McTeggart (Majella Nic an tSagairt)	BEd RE	Cill Náile Brian Ború	Fear Manach
26	Megan Ross (Mairéad de Rossa)	BA PE	RGU Dún Pádraig	An Dún
27	Aoife Colton (Aoife Ní Chomhaltáin)	BA PE	Naomh Damhnata, An Droim Mór	Tír Eoghain
28	Aoibh Kerr (Aoibh Nic Corra)	BEd Science	An Charraig Mhór	Tír Eoghain
29	Áislínn Coll (Aislínn Ní Cholla)	BEd Irish	Gleann Fhinne	Tír Chonaill
30	Lea Casey (Lia Ní Chathasaigh)	BEd PE	Baile an Stil, Brian Óg	Doire

Manager- Conor Stinton
 Coach- Daire Stevenson and Cormac Smyth
 Selectors-Conor Meyler and Kyla Kelly
 Cormac McGettigan and Cormac McGill
 Captain-Molly McGloin
 GAA Development Officer- Gavin McGilly

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Seven different colleges have won the Yoplait Giles Cup in the 10 completed competitions, with three sides winning it twice.

NUI Maynooth (Now Maynooth University), Waterford I.T. and Mary Immaculate College have won the cup on two occasions.

The latter return this weekend, aiming to go top of the Roll of Honour, but their semi-final opponents DCU Dochas Éireann, and TU Dublin's last-four opposition Ulster University are aiming for their second titles.

Year	Winners		Runners-Up	
2010	N.U.I. Maynooth	4-08	Waterford I.T.	1-06
2011	Waterford Institute of Technology	1-08	I.T. Tralee	1-06
2012	Mary Immaculate College Limerick	3-11	N.U.I. Maynooth	2-13 AET
2013	N.U.I. Maynooth	1-13	I.T. Carlow	2-04
2014	Mary Immaculate College	2-16	N.U.I. Maynooth	2-12
2015	Trinity College Dublin	1-16	Athlone Institute of Tech.	1-09
2016	St Pat's College, Drumcondra	0-12	Mary Immaculate College	1-08
2017	Dublin City University 2	3-11	Athlone Institute of Tech.	0-14
2018	Waterford Institute of Technology	4-16	Dublin City University 2	0-08
2019	Ulster University Jordanstown	2-17	Waterford Institute of Tech	1-09





No	Name	College Course	Club	County
1	Bronagh Gallagher	Bachelor of Education	Naomh Conaill	Donegal
2	Sophie Ahearne	Accounting and Finance	Na Fianna	Dublin
3	Lara Gilbert	Intellectual Disability Nursing	Kildangan	Kildare
4	Rebecca Reddin	Bachelor of Education	Portlaoise	Laois
5	Jade Lyons	Bachelor of Arts	Shamrock Gaels	Sligo
6	Orla Smith	Sport Science and Health	Oldcastle	Meath
7	Orla Nevin	Bachelor of Education	Longford Slashers	Longford
8	Aishling Halligan	Masters in Education	Clonard/Volunteers	Wexford
9	Laura Walsh	Bachelor of Arts	Killanny	Monaghan
10	Orla Martin	Bachelor of Education	Na Fianna	Dublin
11	Clodagh Lohan	Bachelor of Education	Grattans	Longford
12	Ciara Healy	Bachelor of Education	Clonguish	Longford
13	Aoife Burns	Physical Education with Biology	Donaghmoyne	Monaghan
14	Leah Fox	Physical Education with Maths	Glencar Manor	Leitrim
15	Orlaith O Sullivan	Bachelor of Education	Carbury	Kildare
16	Holly Martin	Education and Training	St Brigids Kiltoom	Roscommon
17	Emma Strappe	Bachelor of Arts	Castleknock	Dublin
18	Ciara Banville	Bachelor of Education	Taghmon/Camross	Wexford
19	Shona Brady	Health and Society	Castleblayney Faughs	Monaghan
20	Muireann Smith	General Nursing	Ballymachugh	Cavan
21	Olivia Gore	Intellectual Disability Nursing	Rathkenny	Meath
22	Katie McNally	Bachelor of Arts	Foxrock Cabinteely	Dublin
23	Maria Cannon	Bachelor of Education	Burrishoole	Mayo
24	Maria Creedon	Bachelor of Education	Thurles Sarsfields	Tipperary
25	Grainne O Driscoll	Bachelor of Education	Cuala	Dublin
26	Sinead Glennon	Business	ClanNaGael Dublin	Roscommon
27	Lauren Young	Bachelor of Education	Thomas Davis	Dublin
28	Sarah Larkin	Bachelor of Education	Timahoe	Laois
29	Hannah Howard	Bachelor of Arts	Fingallians	Dublin
30	Caoimhe Clarke McMahon	Bachelor of Education	Loughnavalley	Westmeath
31	Hazel McLoughlin	Bachelor of Education	Eadestown	Kildare
32	Laoise Ryan	Physical Education with Biology	St Euanans	Donegal
33	Aoife Farrell	Accounting and Finance	Simonstown	Meath
34	Abigail McKeathing	Early Childhood Education	Fingallians	Dublin
35	Ceire Nolan	Masters in Education	St Feichins	Louth
36	Shannen McCormack	Bachelor of Education	Kingscourt Stars	Cavan
37	Sophie O'Hara	Early Childhood Education	Round Towers Lusk	Dublin
38	Annabelle Timothy	Bachelor of Arts	St Finians	Dublin
39	Faye O Connell Bell	Business	Foxrock Cabinteely	Dublin

Manager- Tomas Bourke
 Coach-Aine McParland
 Coach-Declan O'Reilly
 Coach-Peter Clarke
 Coach-Eric Canny
 Coach Stephen Duff
 Selector-Pat Ring
 Goalkeeping Coach-Ronan McGann
 ATT-Aishling Rafter
 GAA Development Officer
 Louise Byrne/ David Sweeney
 Captain-Aishling Halligan
 Vice Captain-Orla Smith
 Performance Analyst-Jamie Grant
 Logistics Officer-James Costello
 Head of Gaelic Games-Paul O'Brien



No	Name	College Course	Club	County
1	Laura Brennan	B Ed 4	Hollymount	Mayo
2	Ciara O'Brien	B Ed 3	Laune Rangers	Kerry
3	Megan Ryan	B Ed 2	Milford	Donegal
4	Aoife Dillane	ECCE 1	Austin Stacks	Kerry
5	Ciara Hughes	B Ed 4	St Val's	Cork
6	Tara Breen	B Ed 4	Beaufort	Kerry
7	Áine Keane	B Ed & Psych	Miltown Malbay	Kerry
8	Daire Kiely	B Ed 4	Valley Rovers	Cork
9	Katie Buckley	B Ed 3	Rathmore	Kerry
10	Eimear Kiely	B Ed 4	Valley Rovers	Cork
11	Roisin Forde	PME 2	Maynooth	Kildare
12	Anna Clifford	B Ed 3	Fossa	Kerry
13	Emma Dineen	B Ed 4	Glenflesk	Kerry
14	Roisin Howard	PME 2	Cahir	Tipperary
15	Rachel Dwyer	B Ed 1	Southern Gaels	Kerry
16	Aoife Hyland Conlon	B Ed 3	Portlaoise	Laois
17	Clare O'Shea	ECCE 3	Beara	Cork
18	Katie Heelan	B Ed 3	St Ailbe's	Limerick
19	Méadbh O'Shea	B Ed 1	Breaffy	Mayo
20	Shauna Coakley	B Ed 4	Dungarvan	Waterford
21	Katie Cunningham	B Ed 3	Lattin-Cullen	Tipperary
22	Rachel O'Brien	B Ed 2	St Farnan's	Sligo
23	Liz McGrath	B Ed 2	Rockbán	Cork
24	Fodhla Houlihan	B Ed 2	Laune Rangers	Kerry
25	Meadhbh McNamara	B Ed 1	St Ailbe's	Limerick
26	Kate Stack	B Ed 4	Dr Croke's	Kerry
27	Aisling Healy	B Ed 4	Kilshannig	Cork
28	Treasa O'Sullivan	B Ed 1	Dr Croke's	Kerry
29	Sophie Hennessy	B Ed 2	Old Mill	Limerick
30	Micaela Glynn	B Ed 2	Kilmihill	Clare
31	Jenny Brew Dinan	B Ed 4	Donoughmore	Cork
32	Laura Griffey	B Ed 1	Burren Gaels	Clare

Manager- Richard Bowles
Coach- Grainne Regan
Coach-Pat Galvin
Selector-Ciara Ryan
Statistics: Martha Bowles
Captain-Aine Keane
GAA Development Officer- Joe Redington



No	Name	Club	Club	County
1	Roisin O'Reilly	Architectural Technology	Gowna	Cavan
2	Teagan Comber	Public Health Nutrition	St.Finian's Swords	Dublin
3	Katie Newe	Biomedical Science	Ratoath	Meath
4	Megan Healy	Human Resource Management	Eire Og Greystones	Wicklow
5	Aoife Heffernan	Early Childhood care and Education	St Peregrines	Dublin
6	Rachael Brennan	Public Health Nutrition	St Peregrines	Dublin
7	Hannah Leahy	Human Resource Management	Scoil Ui Chonnail	Dublin
8	Niamh Heffernan	Sports Management and Coaching	St.Peregrines	Dublin
9	Jade Sweeney	Sports Science and Health	Thomas Davis	Dublin
10	Ellen Gribben	Product Design	St.Brigid's	Dublin
11	Caoimhe O'Connor	Applied Social Studies	Clontarf	Dublin
12	Ella Higgins	Early Childhood Education	Kilmacud Crokes	Dublin
13	Muireann Cusack	Environmental Health	Crosserlough	Cavan
14	Niamh Keenaghan	Business and Law	Laragh United	Cavan
15	Amy O'Brien	Clinical Measurement Science	Garristown	Dublin
16	Lorna O'Reilly	Business Studies	Crosserlough	Cavan
17	Aoife Manning	Business Management	Parnells	Dublin
18	Kate Buckley	Sports Management and Coaching	Na Fianna	Dublin
19	Shaylyn Ward	Optometry	Keeldra Gaels	Leitrim
20	Eimear Fay	Bioscience	Navan O'Mahonys	Meath
21	Niamh Cummins	Early Childhood Education	Trinity Gaels	Dublin
22	Roisin Staunton	Accounting and Finance	Clan na Gael	Dublin
23	Tammy Quinn	Sports Science & Finance	Thomas Davis	Dublin
24	Saoirse O'Reilly		St.Patrick's	Wicklow

Manager- Billy Quane

Coach-Damien Glynn

Selector-Stephen Kennedy and Ken Nyhan

Physiotherapist/ATT-Sarah Goodwin

Goalkeeping Coach-Lauren Quane

Captain-Katie Newe

GAA Deveopment Officer-Ryan McKittrick



No	Name	Club	County
1	Brianna Mathers	Shane O'Neill's	Armagh
2	Tierna McVeigh	Armagh Harps	Armagh
3	Caitlin Campbell	Cil Iseal	Tyrone
4	Orla Mulgrew	Cil Iseal	Tyrone
5	Maeve Deery	Bredagh	Down
6	Cara Maguire (Capt)	Drumlane	Cavan
7	Michadla Moore	Errigal Ciaran	Tyrone
8	Ellen Lennon	Mullaghbrack	Armagh
9	Dearbhla Coleman	Clann Eireann	Armagh
10	Ally Cahill	Killygarry	Cavan
11	Ali Sherlock	Clann na nGael	Meath
12	Paidge Smith	RGU Downpatrick	Down
13	Shannon Stevenson	Cil Iseal	Tyrone
14	Muireann Atkinson	O'Neill Shamrock's	Monaghan
15	Kate McKay	Carryduff	Down
16	Orla Bradley	Burren	Down
17	Caoimhe Shannon	Warrenpoint	Down
18	Angela Loughran	Clann na nGael	Armagh
19	Mia O'Reilly	Truagh	Monaghan
20	Clare Emerson	Con Magee's Glenravel	Antrim
21	Maria McKenna	Con Magee's Glenravel	Antrim
22	Niamh McCrystal	Donaghmore	Tyrone
23	Tara Brown	Rostrevor	Down
24	Aoife Taggart	Aldergrove	Antrim
25	Ciara Brown	St Paul's	Antrim

Manager- Sean O'Kane
Selector- Tommy Coleman
Captain-Cara Maguire
GAA Development Officer-Paul Rouse

YOPLAIT O'CONNOR CUP

Year	Winners		Runners-Up	
1987	Mary Immaculate College		University College Cork	
1988	University College Cork		Mary Immaculate College	
1989	Waterford R.T.C.		Mary Immaculate College	
1990	University College Cork		Mary Immaculate College	
1991	Thomond College		Mary Immaculate College	
1992	Mary Immaculate College		Thomond College	
1993	University of Limerick		Mary Immaculate College	
1994	University of Limerick		Waterford R.T.C.	
1995	University of Limerick		Garda College	
1996	University of Limerick	1-13	U.U.J.	2-03
1997	University of Limerick		Garda College	
1998	Institute of Technology, Tralee		I.T. Sligo	
1999	Institute of Technology, Tralee	0-17	University College Dublin	2-08
2000	Institute of Technology, Sligo	2-09	Waterford I.T.	2-04
2001	University College Dublin	2-08	Institute of Tech. Tralee	0-05
2002	University College Dublin	1-12	University of Limerick	1-07
2003	University College Dublin		U.U.J.	
2004	University of Limerick	4-09	NUI Maynooth	2-08
2005	University College Dublin	1-11	NUI Galway	0-09
2006	University College Dublin		I.T. Sligo	
2007	University of Limerick	2-16	U.U.J.	1-03
2008	U.U.J.	0-14	I.T. Sligo	1-03
2009	Dublin City University	2-11	University of Limerick	1-13
2010	Dublin City University	2-12	U.U.J.	0-12
2011	Dublin City University	3-08	U.U.J.	1-11
2012	University College Cork	2-14	U.U.J.	1-13
2013	Queens University Belfast	4-10	Dublin City University	1-09
2014	University of Limerick	3-07	Queens University Belfast	1-09
2015	University of Limerick	3-16	Dublin City University	0-09
2016	University College Dublin	1-07	University of Limerick	0-09
2017	University of Limerick	2-05	University College Cork	0-08
2018	Dublin City University	2-12	University of Limerick	0-17
2019	University of Limerick	2-16	University College Dublin	1-10





No	Name	College Course	Club	County
1	Abby Shields	Bachelor of Arts Joint Honors	Lucan Sarsfields	Dublin
2	Claire Dunne	Athletic Therapy and Training	St. Farnan's	Sligo
3	Jennifer Duffy	Physical Education with Maths	ONeill Shamrocks	Monaghan
4	Shannon McLaughlin	Science Education	Termon	Donegal
5	Rachel Hartnett	Bachelor of Education	Cuala	Dublin
6	Anna-Rose Kennedy	Physical Education with Biology	Aherlow	Tipperary
7	Róisín Ennis	Athletic Therapy and Training	Naomh Ciaran	Offaly
8	Jennifer Dunne	Bachelor of Education	Cuala	Dublin
9	Niamh Hetherton	Accounting and Finance	Clontarf	Dublin
10	Lara Curran	Bachelor of Education	Milltown	Kildare
11	Orlagh Lally	General Nursing	Clann na nGael	Meath
12	Emma Lawlor	Bachelor of Arts Joint Honors	St.Pauls	Laois
13	Emma Morrissey	Athletic Therapy and Training	Aherlow	Limerick
14	Emma Duggan	Accounting and Finance	St Peter's Dunboyne	Meath
15	Kate Kenny	Biomedical Engineering	Naomh Ciaran	Offaly
16	Allison O'Sullivan	Physical Education with Biology	St.Peter's GAA Dunboyne	Meath
17	Maria Reilly	Physical Education and Biology	Kiltane	Mayo
18	Carla Rowe	PME Post Primary	Clann Mhuire	Dublin
19	Sarah Harding-Kenny	Bachelor of Arts Joint Honors	Shelmalsiers	Wexford
20	Aoife Rattigan	Physical Education with Biology	Cappagh	Kildare
21	Tara Needhlem	Bachelor of Education	Louisburgh	Mayo
22	Tara Hegarty	Bachelor of Education	Moville	Donegal
23	Róisín Daly	Bachelor of Education	Moyne Templetuohy	Tipperary
24	Laoise Lenahan	Children's and General Nursing	Kill	Kildare
25	Ceire Nolan	Masters in Education	St Fechins	Louth
26	Aoife Farrell	Accounting and Finance	Simonstown Ladies	Meath
27	Ciara Byrne	Physical Education and Biology	Saval	Down
28	Ciara Finnegan	Sports Science and Health	Crosserlough	Cavan
29	Bronagh Gallagher	Bachelor of Education	Naomh Conaill Glenties	Donegal
30	Rebecca Reddin	Bachelor of Education	Portlaoise	Laois
31	Orlaith Sullivan	Bachelor of Education	Carbury	Kildare
32	Orla Martin	Bachelor of Education	Na Fianna	Dublin
33	Grainne O'Driscoll	Bachelor of Education	Cuala	Dublin

Management- Peter Clarke, Pat Ring, Stephen Duff, Ronan McGann,
Aine McParland, Mossy Burke, Eric Canny,
Declan O'Reilly, Angie McNally
ATT-Aodán Fee, Lorna Doherty & Kaitlyn Whelan Kinsella
Head of Gaelic Games-Paul O'Brien
Games Development Officer-David Sweeney, Louise Byrne
Captain-Anna Rose Kennedy

ballymore.



No	Name	Club	County
1	Caoimhe Forde	Kanturk	Cork
2	Rosie Corkery	Naomh Abán	Cork
3	Jen O'Gorman	Éire Óg	Cork
4	Sarah Leahy	Aghada	Cork
5	Julie O'Sullivan	Inbhear Scéine Gaels	Kerry
6	Isobel Sheehan	Éire Óg	Cork
7	Laura O'Mahony	O'Donovan Rossa	Cork
8	Mary O'Connell	Na Gaeil	Kerry
9	Eve Mullins	Rockbán	Cork
10	Kelly Ann Hogan	Ballymacarbry	Waterford
11	Emma Cleary	Éire Óg	Cork
12	Ciara McCarthy	St Val's	Cork
13	Anna Carey	Clonmel Commercials	Tipperary
14	Katie Quirke	Bride Rovers	Cork
15	Sadhbh O'Leary	Kinsale	Cork
16	Sarah Murphy	Bride Rovers	Cork
17	Katie Horgan	Knocknagree	Cork
18	Nicole Quinn	Kinsale	Cork
19	Áine Delaney	Templemore	Tipperary
20	Amy McDonagh	Naomh Abán	Cork
21	Ellie Jack	Mourneabbey	Cork
22	Ava Fennessy	Clonmel Commercials	Tipperary
23	Aisling Cronin	Mourneabbey	Cork
24	Christina O'Sullivan	Beara	Cork
25	Grace Murphy	Naomh Abán	Cork
26	Grace Culloty	Bride Rovers	Cork
27	Maggie Coppinger	St Colum's	Cork
28	Rachel Sheehan	Passage	Cork
29	Niamh Martin	Sliabh na mBan	Tipperary
30	Fiona Keating	Courcey Rovers	Cork

Management-John Cleary, Ciara O'Sullivan, Joe Carroll, Tom Scally

Sponsor-Bank of Ireland

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GAA Development Officer-John Grainger
Captain





No	Name	College Course	Club	County
1	Karen Connolly	Environmental health and safety	Corofin	Galway
2	Chelsie Crowe	Biotechnology	Annaghdown	Galway
3	Kiara Kearney	Bachelor of Arts with Children Studies	Claregalway	Galway
4	Emma Corley	Commerce	Killeevan	Monaghan
5	Hannah Noone	Biomedical Science	Kilkerrin Clonberne	Galway
6	Melissa Duggan	MSC Health Economics	Doheny	Cork
7	Kate Geraghty	Biomedical engineering	Tuam Cortoon	Galway
8	Laura Ahearne	Biomedical Science	Naomh Mhuire	Galway
9	Aoife Geraghty	Commerce	Westport	Mayo
10	Sinead Regan	Podiatry	Drumcliffe Rosses Point	Sligo
11	Lauren McGregor	MSC biomedical science	Dungarvan	Waterford
12	Aoife Gilmartin	Biomedical Engineering	Glancar Manorhamilton	Leitrim
13	Eva Noone	Agricultural science	Kilkerrin Clonberne	Galway
14	Niamh Daly	Mental Health Nursing	Kilconly	Galway
15	Kara Shannon	Commerce	Longford Slashers	Longford
16	Emma Silke	General Science	St.Dominic's	Roscommon
17	Katelyn Mee	Biomedical Science	Kilkerrin Clonberne	Galway
18	Eimear O Kane	Nursing	Headford	Galway
19	Emma Ferran	Undenominated Engineering	St. Brigid's Belfast	Antrim
20	Emily Birch	Medicine	Leixlip St Marys GAA club	Kildare
21	Caoimhe Keon	Medicine	Aodh Ruadh	Donegal
22	Eve Nerney	General Nursing	Grattans	Longford
23	Sarah Kehoe	Arts	Tullamore	Offaly
24	Ava McDonnell	Children Studies	St Brigid's	Mayo
25	Laura Furey	Science	Ardara	Donegal
26	Linda Booth	Children Studies	St Brendans	Galway
27	Leah Pettit	Occupational Therapy	Kilkerrin Clonberne	Galway
28	Siobhan McMahon	Global Languages	Banner Ladies	Clare
29	Aoife Coen	General Nursing	Kilconly	Galway
30	Clíodhna Carey	Arts	Dundrum	Down
31	Siobhan Mooney	Speech and Language Therapy	St Marys Aghamore	Mayo
32	Noelle Curtin	Podiatry	Athea	Limerick
33	Charlotte Walsh	Biomedical Engineering	Murroe/Boher	Limerick
34	Becky O'Brien	Arts (children studies)	Templeport	Cavan
35	Louise Brady	Arts	St Marys Tulsk	Roscommon

Manager- Brian O Ruairc

Coach-Kevin McKittrick

Coach-Danny McGarvey

Coach Support-Chloe Crowe

GAA Development Officer-Michael O Connor

Captain-Niamh Daly

Female Liaison and Admin-Aoife Coen





No	Name	College Course	Club	County
1	Rosie Landers	Arts	Ballyduff Upper	Waterford
2	Aoife Molloy	Food Science	St Furseys	Galway
3	Siofra Ni Chonnaill	Nursing - Mental Health	St Joseph's Doora Barefield	Clare
4	Catherine Boyle	MSc in Occupational Therapy	St Eunans	Donegal
5	Ciara Needham	Business Studies	Louisburgh	Mayo
6	Roisin Ambrose	Physical Education & Irish	Old Mill	Limerick
7	Erika O'Shea	Health and Exercise Fitness Mngmt	Macroon	Cork
8	Niamh O'Connor	Physical Education & Irish	Corca Dhuibhne	Kerry
9	Aisling Reidy	Business Studies	St Joseph's Doora Barefield	Clare
10	Lynsey Noone	Food Science	Kilkerrin Clonberne	Galway
11	Erone Fitzpatrick	Arts	Park-Ratheniska	Laois
12	Dearbhaile Beirne	Graduate Medicine	Mohill	Leitrim
13	Ailish Morrissey	Law Plus	Kilkerrin Clonberne	Galway
14	Fiadhna Tangney	Sport & Exercise Sciences	Beaufort	Kerry
15	Hannagh O'Donoghue	Biomedical Engineering	Beaufort	Kerry
16	Eleanor Traynor	Criminal Justice	Kilcullen	Kildare
17	Fiona Owens	Sport & Exercise Sciences	Naomh Molaoise	Offaly
18	Cora Murray	Science Education	Comeragh Rangers	Waterford
19	Ellen Baker	Physiotherapy	Glanmire	Cork
20	Emma Gildea	Physical Education & Irish	Dungarvan	Waterford
21	Siobhan Burns	Physical Education & Irish	Dr Crokes	Kerry
22	Lucy Spillane	Arts	Fethard	Tipperary
23	Sarah Cunney	Science Education	Tourlestrane	Sligo
24	Zara Fay	Sport & Exercise Sciences	Drumlane	Cavan
25	Molly Aspell	Criminal Justice	Kilcullen	Kildare
26	Megan McCormack	Arts	Eastern Harps	Sligo
27	Vivienne Egan	Sport & Exercise Sciences	Annaduff	Leitrim
28	Aoife O'Rourke	Engineering	Tuam/Carroon	Galway
29	Sheena McGuckin	Financial Mathematics	Killrossanty Brickeys LGFA	Waterford
30	Amy Sexton	Physical Education & Maths	Kilmurry IBrickane	Clare
31	Tara Walsh	Physiotherapy	Tourlestrane	Sligo
32	Kate Nolan	Psychology & Sociology	St. Brigids	Roscommon
33	Aoife Hurley	Sport & Exercise Sciences	Bride Rovers	Cork
34	Aoife O'Byrne	Business Studies	Modeligo	Waterford
35	Muirreann Lloyd	Physical Education & Irish	Moyne Templetuoehy	Tipperary
36	Niamh McNamara	Sport & Exercise Sciences	Northern Harps	Roscommon
37	Aine Brady	Physical Education & Irish	Cornafean	Cavan
38	Leah Kelly	Physical Education & Geography	St Farnans	Sligo
39	Siofra O'Shea	Physical Education & Maths	Southern Gaels	Kerry

Manager DJ Collins-PESS Staff

Video Analysis-Patricia Lynch

Coach- David Lernerhan MSc Sports Performance

S&C Coach- Niall O'Meara-Kilruane Mc Donaghs

Coach-Jack Hickey-Physical Education

GAA Development Officer-Ronan Keane

Coach-Donnacha Daly-Physical Education

Captain

Selector-Noel Regan Murroe Boher LGFA

Fiadhna Tangney-Kerry

DCU'S FIRST EVER O'CONNOR CUP WIN - 2009



DCU 2-11 UL 1-13 (AET)

DCU were made work extremely hard before winning their first ever O'Connor Cup in Jordanstown. The Dublin side which had seven Ulster players in their starting fifteen had a single point to spare over University of Limerick after extra time.

DCU qualified for the final with a 2-8 to 0-11 win over UUJ. In the semi final they had their keeper to thank as she saved an injury time penalty. UL on the other hand needed extra time to eventually see off Queens 2-10 to 3-7.

UL struck first blood in the final as midfielder Fiona Leavy pointed. Her score was quickly cancelled by a Sarah Connolly strike and then Orlagh Heavey and Ciara McAnespie traded points. Then Leavy and Fiona Rochford put UL two up however points from Lindsey Davy and Sarah Connolly levelled the game for the third time.

Entering the second quarter DCU were awarded a penalty as their Captain Fiona Mc Hale was brought down. Dublin county star Davy made no mistake with the resulting spot kick to put her side three ahead. UL's Leavy then added her third point however in the 27th minute DCU extended their lead as Roisin O'Keefe scored their second goal. UL responded with a couple of Ger O'Flynn points but the last say of the half went to Fiona Mc Hale who pointed to give DCU an interval lead of 2-5 to 0-7.

Bronagh Sheridan opened the second half scoring with a nice point but this was quickly cancelled by the very dependable Ger O'Flynn. Connolly and Davy added another couple of points for DCU to extend their lead to six. In the 11th minute the deficit was halved as Gillian O'Connor goaled for the Limerick outfit. Ger O'Flynn and Fiona Rochford then pointed to cut the lead to a single point and with just three minutes remaining Eimear Considine pointed to ensure extra time would be needed to decide the destination of the O'Connor Cup for 2009.

The first period of extra time was very tight with each side scoring just a single point each, DCU through Davy and UL thanks to O'Flynn. In the second period Davy and Ciara Mc Anespie pointed to open a two point gap for DCU. UL tried very hard to level matters but all they could manage was a point from O'Flynn (her sixth) and the Dublin University just held on for the narrowest of victories.

DCU – C. O Connor, A. Greene, D. English, D. Mulherne, C. Dempsey, S. Quinn, S. O Mahony, B. Sherdian 0-1, F. Mc Hale 0-1, C. Mc Anespie 0-2, L. Davy 1-4, R. O Keefe 1-0, C. Daly, A.

McAnespie, S. Connolly 0-3 Subs Used – C. Murtagh, A. Murray, R. Heeney

UL – L. O Driscoll, A. O Dwyer, N. Connolly, J. Mulligan, O. Heavey 0-1, A. Leonard, A.

Hutchings, G. O'Flynn 0-6, F. Leavy 0-3, F. Rochford 0-2, S. Curran, N. Carroll,

A. Herbert, E. Considine 0-1, G. O Connor 1-0 Subs Used – N. Ward, K. Coakley,

R. Jordan

Referee – E. O Hare (Down)





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